

HEAD OF SCHOOL NOTICE

As always, the New Year brings an opportunity to reflect and look forward as we think about what our New Year's resolutions might be.

In my assembly last week, I told students about my resolution to improve my physical fitness by running at least three times a week. Whilst the first run was really tough, a bit of perseverance has seen me get to three miles in just a couple of weeks.

Resolutions don't have to be world changing! In my assembly I suggested punctuality, attendance, concentration and effort in lessons would all be worthy resolutions to make. These might seem small targets, but through the idea of marginal gains, every little thing we can do to improve ourselves will combine to have a big impact.

You all know that we have been spending the past year making big changes and improvements to our school. Shortly before Christmas the school had a visit from our Local Authority Standards and Excellence officer. They said that they were extremely encouraged with the work in progress across Pakefield, and were confident that the continued journey of improvement will continue in 2022.

Looking ahead, I am pleased to announce our working partnership with East Norfolk Sixth Form as they support our students through the National Tutoring Programme. This week, students from Year 10 have benefitted from Science intervention sessions at the Sixth Form focusing on Physics. Further subject links are being developed over the term as part of our strategy on raising attainment.

Finally, a piece of very exciting news. We will shortly be starting our Breakfast Club, which I am thrilled to say will be free for all students. From Monday 24th January, breakfast, in the form of warm bagels and cereal, will be available from 8.15 in The Street. To give us an idea of numbers, I have emailed parents and carers with a short form to complete. Please ask them to fill this out if you would like a free breakfast!

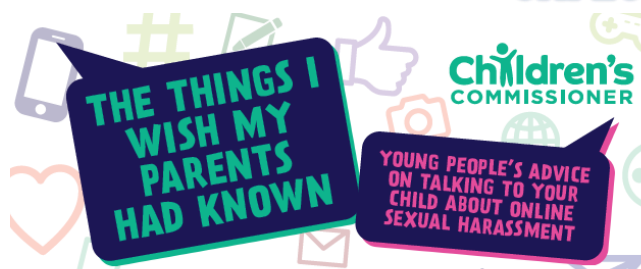
Mr Bagshaw
Head of School



THOUGHT OF THE DAY

"New year—new verse, a new chapter, or just the same old story? Ultimately we write it. The choice is ours." - Alex Morritt

SAFEGUARDING



Top Tips

1. Start speaking to your children about these issues before you first give them a phone or set up a social media account. This might feel very early, but you can do it in an age-appropriate way. It is better to be proactive than reactive. **Don't wait for the crisis.**
2. Keep the conversation going. Adapt to your child so you can support them. **Don't mention it once and think that's enough.**
3. Keep it casual, find everyday opportunities to speak about these issues with your child—like when you're walking or driving somewhere. **Don't scare them with 'the big talk'.**

4. Focus on your child's emotions first and work out what they may have seen online. By listening to your child and understanding if they accessed harmful content, you can help to support them. **Don't punish them before listening and understanding.**
5. Keep curious about the technology your child is using and stay up to date with platforms, apps and trends. **Don't pretend these issues don't exist.**
6. Set boundaries. Use filtering tools to limit your child's exposure to harmful content. Decide on rules and boundaries with your child, allowing them to input. Explain which monitoring and filtering tools you are using, and why. **Don't leave your child unsupervised online without using monitoring and filtering tools. You wouldn't leave them alone in the park or on the street, apply the same level of protection online.**

For a more in-depth, full guide about talking to your child about online sexual harassment, click below:
<https://www.childrenscommissioner.gov.uk>

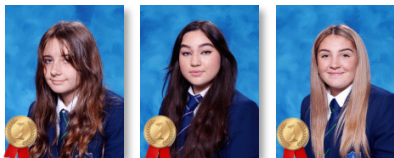
PAKEFIELD AWARDS AND ACHIEVEMENTS

Well done to the following students for their amazing achievements in lessons:



HISTORY

Alana Mantripp and **Susan Elmes** for their amazing grades achieved in their History mock exam!
Mollie Jeeves for putting her self-doubt aside and scoring her highest yet in the History mock exam.



SCIENCE

Alexandria Harvey for being our Fantastic Physicist!
Zara Laws for being our Cracking Chemist!
Bailey Dootson for being our Brilliant Biologist!



ENGLISH

Ming Zheng for his outstanding performance in his mocks, beating his target grade by two grades in some of his papers!

Lily Hollidge, Ewan Harbord, Isla Henderson, and Joel Bunn for an awesome assessment result of a Grade 9 for their speech on improving awareness of diversity at Pakefield.

Han Rayner and **Charlotte Strowlger** for their continued commitment to English lessons, producing some excellent creative writing for English Language Paper 1 Q5 exceeding their target grade.

Megan Dujardin for outstanding vocabulary and phrasing within her most recent assessment on 'Stone Cold'. Megan regularly tried to complete extension tasks in lessons and continues to progress with the amount of points she achieves on Accelerated Reader.



MATHS

Dan Hunt and **Alexandria Harvey** for achieving a grade 7 in their Maths mock exam, which is two whole grades above target!

Benjamin Willder-Pugh for being the only student to achieve 100% in every piece of homework set in the autumn term!



ART

Mason Jessup for his amazing work in art lesson; he made an awesome antelope mask out of clay!



MUSIC

Freya Gibbs, Joseph Cooper, Lois Armes, Alex Macintyre, and Elise Halliday for being our music maestros!



DRAMA

Ewan Watson for demonstrating a creative character and focus during a performance!



In Crafty Tuesdays Extra-Curricular, students made bookmarks out of recycled book pages—adding doodles proves very effective!

EXTRA-CURRICULAR



An up to date extra-curricular booklet has been handed to students in school, and can be viewed online here:

<https://www.pakefield.org.uk/Community/extracurricular/>

SCIENCE CHALLENGE

It's time to prove your science knowledge with the chance to win prizes and esteem!

This edition's challenge is:



Tungsten has the chemical symbol W—which does not appear in its name. Which other elements do not have matching names and symbols?

Email your answers to Mr Dougan at cdo@pakefield.org.uk

A winner will be selected from each year group with the chance to win more prizes later in the year.

STUDENT VOICE

My name is Joel Bunn, and I am one of two Year 9 Head Students.

We in the Student Voice body all have a united passion for positive changes to our school. We are always brainstorming new ideas and improvements, and help those ideas become reality within our school.

For example, the structure of our Christmas Jumper Day competition was finalised by our team, to incentivise people to wear a Christmas jumper to school.

We don't do this alone, however, as we take a lot of feedback from students in our respective year groups.

If you do have any ideas or concerns with our school, be sure to bring them up with your Student Leader or Head Student of your year group.



Keane Crouch-Still
Year 11



Joel Bunn
Year 9

As a head student, two of the most commonly asked questions I get are 'When is the next non-school uniform day?' or 'Why can't we have a non-school uniform day?'.

In regards to when the next non-uniform day will be, this has not yet been decided, and we are working together as a school council to make it happen.

As a school everyone wants these special days to express ourselves. However, to reference the second question 'Why can't we?', we as students need to show that we can still behave on these days.

The difference between a normal day and a non-uniform day in regards to behaviour and on-call requests is substantially outrageous and that has significantly to change for us to continue being rewarded with these opportunities.

So with that in mind, we are working on it, but let's use the next opportunity as a trial run and if the behaviour is good then we can hope to have more... Come on students of Pakefield; let's work together and show that we deserve to be rewarded.

ACCELERATED READER—READING STARS AND POINTS

We have been tracking AR progress over the second winter half term and here are the results...

Year 7

AR Points Leaderboard:

- 1st place—Ellie Daws
- 2nd place—Kimberley Bensusan
- 3rd place—Samuel Harbord

100% Quizzers:

- 1st place—Kimberley Bensusan
- 2nd place—Emrys Lester
- 3rd place—Ellie Daws

Year 8

AR Points Leaderboard:

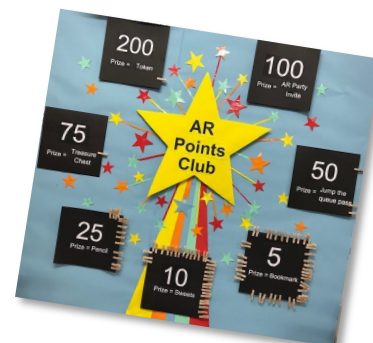
- 1st place—Rhys Lewis
- 2nd place—Megan Dujardin
- 3rd place—Ava Shipley

100% Quizzers:

- 1st place—Karla Baker
- 2nd place—Rhys Lewis
- 3rd place—Eloisa Cole, Emily Wake, Harley Rogers



We are hoping to see lots of new names in the New Year; keep it up!



HONOURABLE MENTION

A really big, sincere thank you to everyone for being so generous with your donations to support and promote the food bank collection for 'Reverse Advent'.

The concept of 'Reverse Advent' is essentially donating one item each day in December which included items such as: tinned peas; UHT milk; shampoo; fruit juice and, pasta sauce.

Head Students promoted the event to their tutor representatives, and tutor reps., promoted within their form group. It was super exciting to see the donations flowing in, and I'm proud of the amount we were able to take to Lowestoft Food Bank on the last day of term. Thank you to Mrs Shervington for driving all the goods over!

It has been heart-warming to see the kindness of our students, bringing in donations large and small to help others in need, especially since lockdown was announced. I know staff donated a LOT as well, so thank you for rooting around in your cupboards and buying extra in your weekly shop to help!



SCHOOL PRODUCTION

Rehearsals are well under way for our school production of 'Back to the 80s' and the cast have been working incredibly hard. Both myself and Mrs Johnson are very proud of how they have become such a positive and productive team.

The show is great fun and looks back at being a teenager in the 1980s; the music helps to tell the story of Corey Palmer, a typical teenager who is struggling to deal with the pressures of unrequited love. You will be sure to sing along to the catchy tunes that we all know and love!

Tickets on sale soon.

- Miss Simons



POETRY COMPETITION

Give young writers a voice with 'Empowered'... Be inspired to become a confident poet and write about something you feel passionately about.

Write a poem based on the prompt 'Empowered' and be in with the chance to win £100 and have your poem published in a book!

For more information and for some inspirational prompts, please visit the Young Writers website:

<https://www.youngwriters.co.uk/competitions/KS3-4/empowered>

