



Curriculum Intent – (BTEC Sport/GCSE PE/ Sport Studies)

The purpose of our curriculum	The purpose of our curriculum is to enhance the students' knowledge of the sporting world. We offer two types of option for PE, Cambridge National Award in Sport Studies (OCR) & OCR GCSE PE. Both courses are worth an equal amount and both have the same value. The Sport Studies course offers opportunities to experience different practical roles within Sport such as an official, coach, as well as opportunities to develop practical performance and looking at how to improve performance, and an insight into the role of the media within sport. The GCSE PE course takes an insight into how the human body works and how it can be developed to aid performance. The GCSE PE course will also look at the socio-cultural influences and Sports Psychology. The GCSE PE will also allow students who play regular sport at school or outside of school to be assessed practically in their chosen sports. Both courses will develop a love of learning for PE & Sport and help gain an insight into those future careers in the industry and the range of careers open to them.						
How does the curriculum demonstrate progress?	Both courses have an exam element which the students are thoroughly prepared for before entry. The Sport Studies course is made up of 3 units, including the exam unit. Progression can be clear through video evidence, written work and the use of terminology from the beginning of the course until the end of the course. The GCSE PE course is made up of 2 exams (60%) in Year 11, as well as practical performances and portfolios (40%). Similar to the BTEC Sport course, the GCSE PE students will develop their terminology as well as their practical elements progress will be shown through end of unit tests, practical performances with video footage.						
	Year Group	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
What will be taught?	10	Sport Studies: Sport & The Media GCSE PE: 1.1 Anatomy & Physiology	Sport Studies: Sport & The Media GCSE PE: 1.1 Anatomy & Physiology 1.2 Physical Training	Sport Studies: Sport & The Media GCSE PE: 1.2 Physical Training 2.1 Socio-cultural influences	Sport Studies: Sport Leadership GCSE PE: 2.1 Socio-cultural influences 2.2 Sports Psychology	Sport Studies: Sport Leadership GCSE PE: 2.2 Sports Psychology 2.3 Health, Fitness and Well-Being	Sport Studies: Sport Leadership GCSE PE: 2.3 Health, Fitness and Well-Being Practical Preparation
	11	BTEC Sport: Unit 6 – Leading Sports Activities Sport Studies: Contemporary Issues GCSE PE: Practical Performance, Analysis & Evaluation	BTEC Sport: Unit 6 – Leading Sports Activities Sport Studies: Contemporary Issues GCSE PE: Practical Performance, Analysis & Evaluation	BTEC Sport: Unit 6 – Leading Sports Activities Sport Studies: Contemporary Issues GCSE PE: Practical Performance, Analysis & Evaluation	BTEC Sport: Unit 3 – Applying the Principles of Personal Training Sport Studies: Contemporary Issues GCSE PE: Revision and Exam Prep	BTEC Sport: Unit 3 – Applying the Principles of Personal Training Sport Studies: Coursework GCSE PE: Revision and Exam Prep	BTEC Sport: All coursework and exam grades are submitted in May. Sport Studies: Coursework GCSE PE: Revision and Exam Prep



				Exam Preparation			
What key concepts /core skills / themes are covered each half term?	10	<p>Sport Studies: Sport & The Media Types</p> <p>GCSE PE: -Skeletal System -Muscular System -Movement Analysis</p>	<p>Sport Studies: Sport & The Media Positives</p> <p>GCSE PE: -The Cardiovascular and Respiratory Systems -Effects of Exercise on Body Systems</p>	<p>Sport Studies: Sport & The Media Negatives</p> <p>GCSE PE: -Components of Fitness -Applying Principles of Training -Preventing injury in physical activity and training</p>	<p>Sport Studies: Sport Leadership Planning</p> <p>GCSE PE: - Engagement patterns of different social groups in physical activities and sports -Commercialisation of physical activity and sport -Ethical and socio-cultural issues in physical activity and sport</p>	<p>Sport Studies: Sport Leadership Delivery</p> <p>GCSE PE: -Sports Psychology -Health, fitness and well-being</p>	<p>Sport Studies: Sport Leadership Evaluation</p> <p>GCSE PE: -Sports Psychology -Health, fitness and well-being</p>
	11	<p>BTEC Sport: Unit 6 – LOA: Know the attributes associated with successful sports leadership</p> <p>Sport Studies: Contemporary Issues Exam Content</p> <p>GCSE PE: -Practical Performance -Data Collecting -Analyzing & Evaluating Performance</p>	<p>BTEC Sport: Unit 6 – LOB: Undertake planning and leading of sports activities</p> <p>BTEC Sport: Unit 6 – LOC: Review the planning and leading of sports activities</p> <p>Sport Studies: Contemporary Issues Exam Content</p>	<p>BTEC Sport: Unit – LOA: Design a personal fitness training programme LOB: Know about the musculoskeletal system and the cardiorespiratory systems, and the effects on the body during fitness training</p> <p>Sport Studies: Contemporary Issues Exam Content</p>	<p>BTEC Sport: Unit 3 – LOC: Implement a self-designed personal fitness training programme to achieve own goals and objectives</p> <p>Sport Studies: Contemporary Issues Exam Content</p> <p>GCSE PE: -Practical Performance -Data Collecting</p>	<p>BTEC Sport: Unit 3 – LOD: Review your training programme</p> <p>Sport Studies: Contemporary Issues Exam Content</p> <p>GCSE PE: -Practical Performance -Data Collecting -Analyzing & Evaluating Performance -Exam Preparation</p>	<p>Sport Studies: Contemporary Issues Exam Content</p> <p>GCSE PE: -Practical Performance -Data Collecting -Analyzing & Evaluating Performance -Exam Preparation</p>



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