

A Week of Visitors!

Dear Parents and Carers,

It has been a pleasure to welcome so many visitors to the school this week. Our Community Tours have been in full swing, and I'd like to thank those of you who came in to see our students - your children - engaged in their lessons. We were also delighted to host our local MP, Jess Asato, not once but twice! Her first visit last Friday included a tour of the school, where she saw our students in action. She returned on Tuesday alongside representatives from the British Board of Film Classification (BBFC), who delivered a session to our Year 10 and Year 11 Media students. The BBFC praised our students, saying, "The students were excellent, especially that Year 11 group who were asking all the questions and the Year 10 class reps who shared their thoughts after the session."

Yesterday's Open Evening was another highlight, with so many prospective parents and students touring the school—it was wonderful to see such enthusiasm and interest!



Head of School: Mr P Dougherty

London Road Pakefield

Lowestoft, NR33 7AQ Tel: 01502 530750





Student of the Week





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Extra-Curricular Activities and Club



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The Library



Homework Club









KS3 SEND HOMEWORK CLUB
EVERY TUESDAY
With Mrs McGovern

<u>IT2</u> 3PM-3:35PM



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Black History Month: Humanitarians



The power of kindness

Mary Seacole



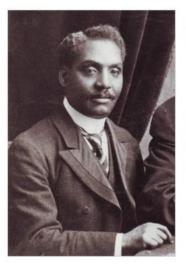
Born and raised in Jamaica, Mary came to England in 1854 after the start of the Crimean War to join the British War Office to go and help wounded soldiers in Ukraine. She was flatly refused despite her valuable education in Caribbean and African medicine.

Instead, she decided to raise money for herself to travel to Balaclava, Ukraine and set up the British Hotel, where she could tend to the injured soldiers. She also visited the battlefield to treat the wounded and became known as 'Mother Seacole'.

She returned to England after the war penniless and in ill health. The newspapers discovered her story, and in 1857 Queen Victoria's nephew hosted a benefit in her name, attracting thousands of people and raised plenty of funds for her.

Mary later published her memoir, 'The Wonderful Adventures of Mrs Seacole in Many Lands'.

The power of kindness



John Alcindor

Born in Trinidad, Dr John Alcindor was a physician and activist for racial equality, who helped others during the first world war despite facing prejudice and discrimination. Although he had a medical degree from Edinburgh University and having worked in several London hospitals for many years, he was rejected by the Royal Army Medical Corps during the war because of his origin.

Dr Alcindor persisted with his desire to help those in need by joining the British Red Cross as a volunteer and treated countless wounded soldiers at London railway stations as they returned from the battlefields. He was later awarded a Red Cross medal for his life-saving work.

He also conducted research and published articles on cancer, influenza and tuberculosis and worked to prevent syphilis and tuberculosis in Great Britain. His research set the groundwork for the correlation between poverty, low quality food and unbalanced diets in poor health.

The power of kindness

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Weekly 100% Attendance Rewards



Every Monday, one student from each year group with 100% attendance in the previous week will be randomly selected to receive a £5 Amazon youcher.



Every Friday, two students from each year group with 100% attendance for the entire week will also be randomly selected to receive a golden ticket, and a jump the queue pass for themselves and a friend. This pass also entitles the winner to a complimentary meal deal.





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Free School Meals - Check Your Eligibility

If you think your child may be eligible for free school meals, you can apply online and receive an immediate response and confirmation email.

Children who have received free school meals since 1 April 2018 will continue to receive them until the end of the 2025/2026 school year, regardless of changes in income.

Use this link to check and Apply for free school meals

If your child is eligible for free school meals, they'll also qualify for the Holiday Activity and Food Programme. More information from Suffolk County Council is available here

School Events

Week Beginning	Mon	Tue	Wed	Thu	Fri
13/10/2025	SEND Parents Evening - ONLINE	Flu Vaccine 08.30 – 15.00			
20/10/2025	School photos Year 10 Raising achievement evening				
03/11/2025	Year 11 Mocks	Year 11 Mocks	Year 11 Mocks	Year 11 Mocks	Year 11 Mocks
10/11/2025	Year 11 Mocks	Year 11 Mocks	Year 11 Mocks	Year 11 Mocks Year 7 Parent Evening – Meet the Tutor	Year 11 Mocks
17/11/2025		Year 11 Geography Field Trip			

Warm regards, Mr P Dougherty Head of School

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