



7th November 2025

Dear Parents and Carers,

Welcome Back

I hope you all had a restful and enjoyable half term break with your families. It's been wonderful to see our students return refreshed, energised, and ready to dive back into their learning. The atmosphere around school this week has been incredibly positive, and it's clear that the time away has done everyone good.

Our Year 11 students have now begun their mock examinations, and I'm pleased to report that they've approached this important milestone with maturity and focus. Their attitude and commitment have been commendable, and we're proud of the way they are rising to the challenge.

This weekend marks **Remembrance Sunday**, a time for reflection and gratitude. I will be joined by our Head Students at the war memorial on Royal Plain, where they will lay a wreath on behalf of our school community. It's always a moving occasion, and I'm looking forward to seeing so many of our students representing their organisations with pride, honouring the sacrifices made by others for the freedoms we enjoy today.

On **Armistice Day**, we will observe a two-minute silence across the school to pay our respects. We would be honoured if students who are members of organisations such as the cadets, scouts, or similar groups would attend school in their uniform for the day, as a visible sign of remembrance and respect.

As part of our ongoing commitment to remembrance and community support, we are collecting donations for the **Poppy Appeal** during break and lunch times. Every donation, big or small, helps support veterans and their families through the Royal British Legion. Thank you for your continued support in helping our students engage with this important cause.



Children In Need

Next week, we will be supporting **Children in Need** with a **non-school uniform day** and a **bake sale**.

Key information:

Students may come to school in non-school uniform on **Friday 14th November 2025** but a **donation is required to take part**.

Clothing choices should be suitable for a school environment – outfits should be modest and practical (no midriffs, low-cut tops, short shorts, or sleepwear). We are encouraging both parents and staff to wear something yellow or spotty as part of their non school uniform.

We will also be holding a **bake sale at breaktime**, with all proceeds going to Children in Need. Students are welcome to bring some money to purchase cakes and treats.

Donations of baked goods are also very welcome – please bring them to school on **Friday 14th November or before, please drop these off to the school office**.

Thank you for helping us support such a worthwhile cause!



Pakefield Community Spotlight

Ellie-Mae Podd

LITERACY IN PE

Ellie-Mae in Year 8 has been fundraising by completing the 100 Skips A Day Challenge from Cancer Research UK. She has raised over £500 for Cancer Research, which is amazing: well done Ellie-Mae!

Ellie-Mae has said this about her fundraising:
"I have decided to complete this challenge this October to support Cancer Research UK. I love to challenge myself and want to help people so I thought this would be a good way to raise some money for an important cause."

I am dedicating this to loved ones, I have recently lost someone close to me to Cancer and have family members who have battled their way through this horrible disease."

The background features a colorful illustration of hands raised in the air, and the Pakefield School crest is visible in the top right corner.



Student of the Week

CONGRATULATIONS!

KS3 MATHS STUDENT OF THE WEEK



ABI COLMAN

Abi Colman (Year 8) consistently demonstrates outstanding commitment in Maths. She is always well prepared, meets every expectation, and strives to complete all tasks with exceptional presentation and attention to detail. Well done Abi!

CONGRATULATIONS!

KS4 MATHS STUDENT OF THE WEEK



EVIE FISHER

Evie Fisher (Year 10) has shown exceptional dedication to Maths. She has already completed an entire workbook and regularly attends further maths sessions after school to deepen her understanding! Well done Evie!



The Library

This week we have been so excited to be giving a fabulous book to all our Year 7 pupils in their Library lessons.

It really got our year 7's buzzing about books. Thank you @BookTrust #mybookbuzz



Also, pupils still have time to enter the Bookbuzz competition info below,

Design a Bookmark Competition

Be in with the chance of having your winning design feature in next year's programme.

- Feature characters or scenes from your Bookbuzz book.
- Share reading tips with other students.
- Represent what reading enjoyment means to you.

The winner will also **win £50 of book tokens**; the second and third place runners-up will win £30 of book tokens each; and all three students will win a bundle of books worth £100 for their school.

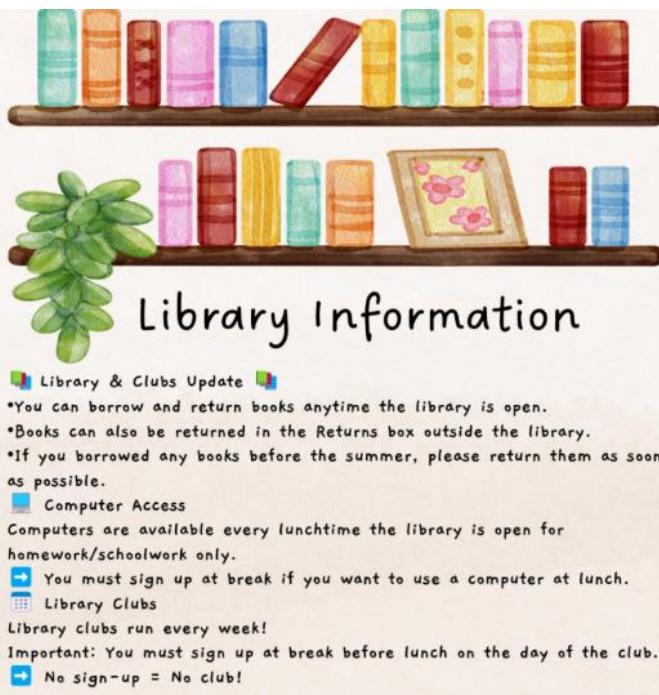
You can create your bookmark either by hand or digitally.

Bookmark templates are available in the library; the closing date is:

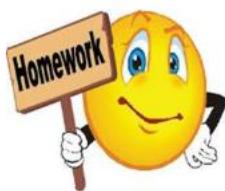
Wednesday 10th December -hand in to Miss Cheale.



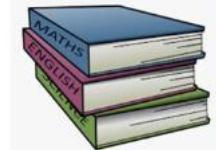
The Library



Homework Club



KS3 SEND HOMEWORK CLUB
EVERY TUESDAY
With Mrs McGovern
IT2
3PM-3:35PM





Weekly 100% Attendance Rewards



Every Monday, one student from each year group with 100% attendance in the previous week will be randomly selected to receive a £5 Amazon voucher.



Every Friday, two students from each year group with 100% attendance for the entire week will also be randomly selected to receive a golden ticket, and a jump the queue pass for themselves and a friend. This pass also entitles the winner to a complimentary meal deal.

Free School Meals – Check Your Eligibility

If you think your child may be eligible for free school meals, you can apply online and receive an immediate response and confirmation email.

Children who have received free school meals since 1 April 2018 will continue to receive them until the end of the 2025/2026 school year, regardless of changes in income.

Use this link to check and [Apply for free school meals](#)

If your child is eligible for free school meals, they'll also qualify for the Holiday Activity and Food Programme. [More information from Suffolk County Council is available here](#)



School Nurse (Changes to dates)

New School Nurse: Sonia Southgate

Changes: Sonia is in school fortnightly on a Tuesday lunch time.

Venue: Meeting Room 2

Times:

Year 7, 9 and 11: 1.00pm-1.30pm

Years 8 and 10: 1.30pm-2.00pm

Dates:

Autumn Term 2

Tuesday 11th November 2025

Tuesday 25th November 2025

Tuesday 9th December 2025



Year 8 – Find my Future STEM Event

- On Thursday 27th November 2025, the John Innes Centre is hosting a unique 1-day conference for Year 8 students, designed to inspire the next generation of STEM professionals.
- Students will hear from and meet inspirational speakers through taking part in interactive workshops and networking sessions.
- Places are limited to 12 students.



Science, Technology, Engineering and Maths.

Examples of STEM jobs:

Science: Forensic scientist, neuroscientist, ecologist.

Technology: Software developer, web developer, IT manager, database administrator.

Engineering: Mechanical engineer, biomedical engineer, aerospace engineer, civil engineer, environmental engineer.

Mathematics: Actuary, statistician, cost estimator.

Other: Psychologist, physiotherapist, medical roles, and finance sector roles.



If you have an interest in any of these areas and would like to attend this event, please see Mrs Moore by Friday 24th October. There are only 12 spaces available.



KS4 – Prosthetics and Orthotics

Careers in Prosthetics and Orthotics are a fascinating blend of engineering, science and both physical and psychological patient care but are generally a lesser known area of healthcare.

What is prosthetics and orthotics?

Prosthetics and Orthotics is a medical and engineering based healthcare profession. Prosthetists and Orthotists are Allied Health Professionals and are registered as autonomous clinicians under their membership of the Health and Social Care Professionals Council. (hcpc-uk.org)

What do Prosthetists/Orthotists do?

Prosthetists and Orthotists assess, diagnose and treat people who require external medical devices. People seen include those with lifelong conditions such as diabetes, cerebral palsy and arthritis; and those whom may be recovering from a health event such as a stroke or after a knee operation or injury. The work is often varied and no two people are ever the same. They work as autonomous practitioners as well as part of a wider healthcare team to help manage the rehabilitation of anyone requiring treatment for a variety of conditions.

Do Prosthetists/Orthotists do the same thing?

Fundamental theories underpinning prosthetics and orthotics are similar which is why they are taught as one degree, and clinicians have a dual title, however the jobs can be very different. In general Prosthetists deal with patients who have a limb absence, whereas Orthotists deal with patients who may have limbs that do not work correctly, need extra support or require pain relief.

Most people after their degree choose to specialise in either prosthetics or orthotics; however there are a few centres in the UK where you can work as a dual practitioner.

Please see Mrs Moore if you would like a copy of 'A career guide to Prosthetics and Orthotics.'

KS4 - Care UK Open Doors



An 'Open Doors' visit with Care UK consists of a 1½ - 2 hour visit to a Care UK home meeting colleagues in different roles including management, care and non direct care roles, sales and marketing, catering, nursing, maintenance, finance and many more.

- Students learn about different roles and entry routes
- Have the opportunity to ask lots of questions
- Have a tour of the premises
- Take part in fun activities such as food preparation
- Develop skills in listening, speaking, thinking positive, aiming high, creativity
- Voted 'Best Employer Encounter 2024' by Essex Careers Hub

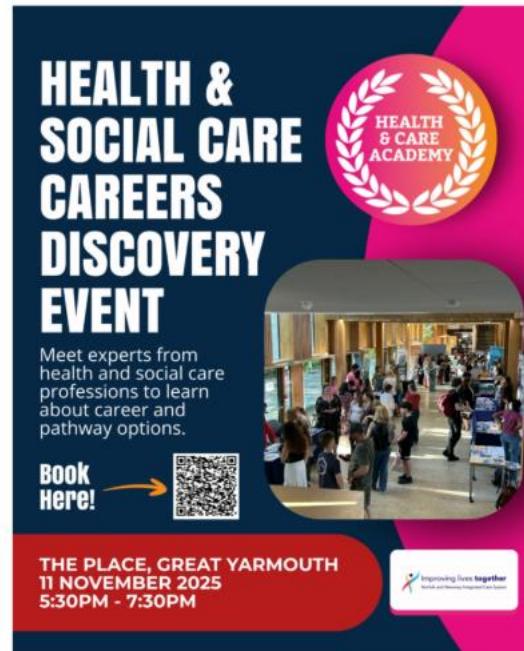
There are currently places at the Britten Centre, near the East Coast College for students to visit and learn more about the sector.

Please see Mrs Moore if you would like more information.



To find out more or book your Open Doors visit in a Care UK home, please contact earlycareers@careuk.com

care UK



Year 11 - Are you interested in Healthcare Sciences?



Are you interested in finding out more about the Healthcare Sciences?

There are over fifty thousand healthcare scientists working in the NHS and public health services. They form a scientific backbone for the work of the NHS, leading a wide range of innovative work from world class healthcare research to improved patient outcomes.

If you are passionate about science and technology, and about helping others, a career in healthcare science could be the perfect match for you.

Find out more about becoming a healthcare scientist here:
www.healthcareers.nhs.uk/explore-roles/healthcare-science

How do I become a healthcare scientist?

There are a variety of training and education routes into healthcare science at all levels. You could join the workforce directly as a healthcare science assistant or explore a healthcare science apprenticeship. Undergraduate degree and degree apprenticeships are available, or you could apply for the NHS Scientist Training Programme, a paid graduate scheme for STEM graduates. Learn about the different routes into registration:

www.assclinsci.org/applicants/my-route-to-registration/



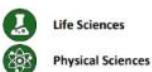
(Age 13 and over) - Healthcare Science Virtual Work Experience?



Healthcare Science virtual work experience programme

There are over fifty thousand healthcare scientists working in the NHS and public health services. They operate at the cutting edge of innovation, supporting the diagnosis, prevention and treatment of disease. If you are passionate about science and technology, and about helping others, a career in healthcare science could be the perfect match for you.

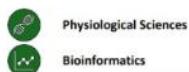
Healthcare scientists work in over fifty specialisms which can be categorised into four groups:



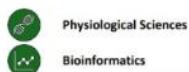
Life Sciences



Physical Sciences



Physiological Sciences



Bioinformatics

NHS England have just introduced an exciting new Healthcare Science Virtual Work Experience opportunity, in collaboration with Springpod, which can be accessed on an unlimited basis by anyone over the age of thirteen, across the UK.

The programme aims to break down barriers to traditional work experience and provide more accessible and inclusive options for young people to explore careers in the Healthcare Sciences. It contains a variety of content including quizzes, videos, activities and pre-recorded webinars/Q&As, as well as an opportunity to live chat with a healthcare science ambassador. Modules cover an introduction to healthcare science, details of different specialisms, entry routes, career planning, and employability skills. You can start straight away and complete the course at your own pace.

How do I sign up?

- Visit: www.nhse.springpod.com/#Experiences
- Sign up: registration is quick, and free
- Start learning: access expert-led modules
- Get certified: gain a completion certificate and skills chart when you have completed the course. This can be a useful resource for UCAS applications and future interviews.

For more information about the healthcare sciences, visit:
www.healthcareers.nhs.uk/explore-roles/healthcare-science

School Events

Week Beginning	Mon	Tue	Wed	Thu	Fri
10/11/2025	Year 11 Mocks	Year 11 Mocks	Year 11 Mocks	Year 11 Mocks Year 7 Parent Evening – Meet the Tutor	Year 11 Mocks Children in Need – Non Uniform for a donation
17/11/2025		Year 11 Geography Field Trip		Year 8 UEA Workshops Year 11 Food NEA - All day	Year 11 Food NEA - Period 2&3
24/11/2025				Year 8 STEM Event - UEA	
01/12/2025		Flu Vaccine Mop Up			

Warm regards,
 Mr P Dougherty
 Head of School