



Dear Parents and Carers,

We have all been observing with interest and appreciation the ongoing inspection of the walkway that connects the Science Department to the balcony. During this time, our students have adapted brilliantly to the temporary one-way system on the stairwells, ensuring that movement around the school remains safe and organised. Their cooperation and maturity have been commendable.

Looking ahead, we are excited to celebrate the festive season with our whole-school Christmas Dinners next week. **Each year group will enjoy a sit-down Christmas meal** together on the following days:

Year 11 – Monday 8th December

Year 10 – Tuesday 9th December

Year 9 – Wednesday 10th December

Year 8 – Thursday 11th December

Year 7 – Friday 12th December

The **school will cover the cost of the Christmas Dinner for all students** on their allocated day, while other year groups will have normal access to the canteen. **For students who receive Free School Meals, this Christmas Dinner will count as their allocation for that day.**

Although the meal is provided for all students, **if you would like to make a voluntary contribution** towards the cost, you can do so via Wisepay.

Our end-of-term Reward Assemblies will take place during the week beginning 15th December, with the **term ending on Friday 19th December**. On the final day, school will finish **at 1:00 pm**, and the canteen will be open for break and lunch service.

Thank you, as always, for your continued support.

#### **From the Department for Education: SEND reform national conversation**

Ahead of the Schools White Paper early next year, the DfE want to hear from young people, families, teachers and practitioners on SEND reform: what works, what doesn't, and how they can deliver lasting reform, together, across all settings.


The DfE will be hosting a series of events across the country, both in-person and online, to discuss their core SEND reform principles. Visit the [SEND reform site](https://www.sendreform.gov.uk) to book your place at an online event or to submit your views directly.

## Student of the Week



CONGRATULATIONS!

**KS3 FRENCH STUDENT OF THE WEEK**



**RUBY**

Ruby's writing in French is outstanding - she uses complex language and tenses easily and it's often hard to believe from her work that she's only in Year 8! She's enthusiastic and thoughtful in class and is a real testament to what hard work and focus can achieve. It is such a joy to read her work and I cannot wait to see what she produces next.

CONGRATULATIONS!

**KS4 FRENCH STUDENT OF THE WEEK**



**SAMUEL**

Sam's French work is exceptional across the board and he often works independently to learn additional grammar points to impress in his writing. Although he always gets outstanding assessment scores, he continues to work incredibly hard and include another tense, or another complex piece of vocabulary. He's never one to rest on his laurels and as a result, his work continues to get even more phenomenal.



## Community student of the week



### Pakefield Community Spotlight

#### Brae Foscett-Smith

This week Brae in Year 8 is telling us all about his football story and how he has progressed on to play for the county team.

**Brae's Story:**  
Hello, my name's Brae, I'm 13 and I've grown up with football my whole life; it's a way to escape things. I play for teams: Suffolk, Lowestoft Town (where I am captain) and I play up a year at Kirkley Knights FC. After a tough set of trials I was able to get into Suffolk County. I've played 2 games for them where we drew 1 and lost 1. I hope to stay in the team next year. I'm proud to represent my county and home town.



## Year 10 & 11 Netball

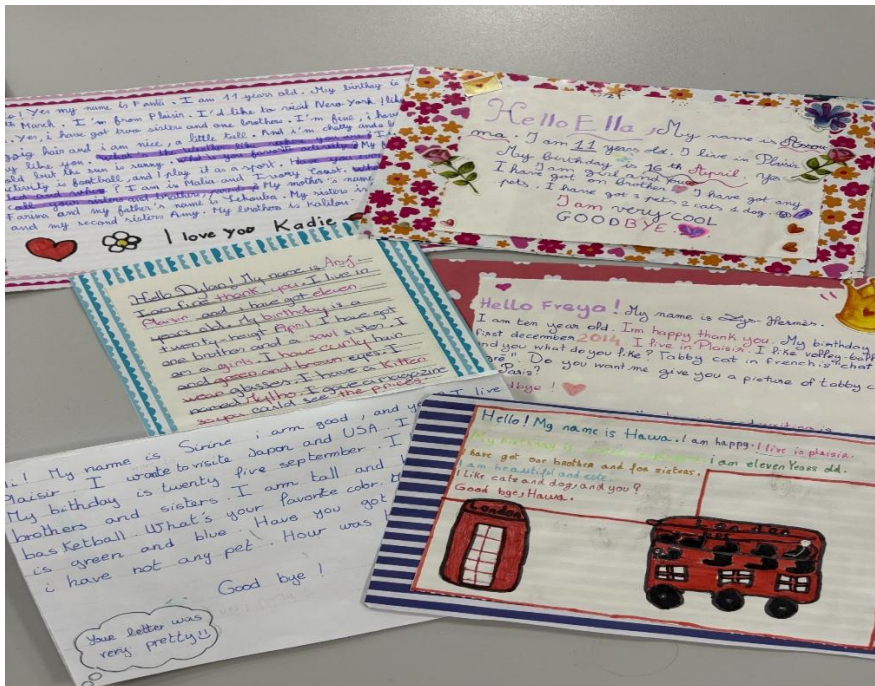


On Monday our Year 10 and 11 netball players participated in a friendly, creating their own teams to compete. The event displayed some excellent netball skills and was highly competitive. Ellen and Sienna were voted as the players of the match, earning themselves a Golden Ticket.

Well done to Erin, Rhea, Ellen and Iris for organising the teams and for all the girls who took part! We look forward to the KS4 netball season restarting in the spring.



## Year 7 French



Year 7 had a very exciting delivery this week - their Pen Pal letters have arrived from France! They were delighted to read news from their friends in our twin town of Plaisir and have already started drafting their replies.

Extra Curricular Clubs November - December 2025			
MONDAY	TUESDAY	WEDNESDAY	FRIDAY
<b>Miss Barrow</b> Debate Club (Invite Only) <b>Mr Bligh</b> Further Maths <b>Mr Bond</b> Dungeons and Dragons <b>Ms Grice</b> Pride <b>Mr Osborne</b> CSI: Classroom Science Investigators (Limited Spaces) <b>Mr Rowe</b> Fantasy Premier League <b>Miss Simons</b> Drama/showcase <b>Mrs Trigg</b> Science Ambassadors	<b>Ms Dack</b> Creative Writing <b>Mrs Hastings</b> Film & TV Series Club <b>Mr Goude</b> SK Running Club <b>Mrs Hastings</b> Photoshop Club <b>Miss Shank</b> Netball <b>Miss Simons</b> Drama/Showcase <b>Mr Wilson</b> Origami Club <b>Mr Anderson</b> Badminton <b>Mrs McGovern</b> KS3 Send Homework Club	<b>Miss Bethell</b> Dance Club <b>Mr Dowson</b> Pictures/Competitions <b>Miss Dunnell</b> Dance Club <b>Mrs Fitzgerald</b> Bedrock KS3 (IT3) <b>Mr Gibbons</b> Football <b>Ms Grice</b> D of E (Enrolled students only) <b>Mr Herbert</b> Pictures/Competitions <b>Mrs Isgrove</b> Shakespeare Club <b>Ms Shank</b> Basketball <b>Mrs McGovern</b> KS3 Send Homework Club <b>Mrs Irving-Spink</b> Fitness (Fitness Suite)	<b>Mr Osborne</b> Art Club <b>Mrs Trigg</b> Dr Who <b>Mrs Warren</b> Art Club

## The Library

### LIBRARY

	Break	Lunch
<b>M</b>	Wk1 OPEN	OPEN
	Wk2 OPEN	OPEN
<b>T</b>	Wk1 OPEN	OPEN
	Wk2 OPEN	OPEN
<b>W</b>	Wk1 OPEN	OPEN
	Wk2 OPEN	OPEN
<b>T</b>	Wk1 CLOSED	CLOSED
	Wk2 CLOSED	CLOSED
<b>F</b>	CLOSED	

*Library Clubs*  
 Mon Games Club  
 Tue Crafty Tuesday  
 Wed Chess Club  
 Curious to know more? Check out our clubs posters or ask in the Library.

You can come to borrow and return books whenever the Library is open.

### Library Information

**Library & Clubs Update**

- \*You can borrow and return books anytime the library is open.
- \*Books can also be returned in the Returns box outside the library.
- \*If you borrowed any books before the summer, please return them as soon as possible.

**Computer Access**  
 Computers are available every lunchtime the library is open for homework/schoolwork only.

**Library Clubs**  
 Library clubs run every week!  
 Important: You must sign up at break before lunch on the day of the club.  
 No sign-up = No club!

## Homework Club



**KS3 SEND HOMEWORK CLUB**  
**EVERY TUESDAY**  
**With Mrs McGovern**  
**IT2**  
**3PM-3:35PM**







## Weekly 100% Attendance Rewards



Every Monday, one student from each year group with 100% attendance in the previous week will be randomly selected to receive a £5 Amazon voucher.



Every Friday, two students from each year group with 100% attendance for the entire week will also be randomly selected to receive a golden ticket, and a jump the queue pass for themselves and a friend. This pass also entitles the winner to a complimentary meal deal.

# CAREERS FAIR

To inspire and inform students about career opportunities within the UK's statutory public services and security sectors, including the police, fire and rescue, armed forces, prison and probation services, and more.

### Event Details:

**Location:** Lowestoft Sixth Form

**Date:** Thursday 11th December

**Time:** 2:00pm – 7:00pm





## KS4 – Prosthetics and Orthotics

Careers in Prosthetics and Orthotics are a fascinating blend of engineering, science and both physical and psychological patient care but are generally a lesser known area of healthcare.

### What is prosthetics and orthotics?

Prosthetics and Orthotics is a medical and engineering based healthcare profession. Prosthetists and Orthotists are Allied Health Professionals and are registered as autonomous clinicians under their membership of the Health and Social Care Professionals Council. ([hcpc-uk.org](http://hcpc-uk.org))

### What do Prosthetists/Orthotists do?

Prosthetists and Orthotists assess, diagnose and treat people who require external medical devices. People seen include those with lifelong conditions such as diabetes, cerebral palsy and arthritis; and those whom may be recovering from a health event such as a stroke or after a knee operation or injury. The work is often varied and no two people are ever the same. They work as autonomous practitioners as well as part of a wider healthcare team to help manage the rehabilitation of anyone requiring treatment for a variety of conditions.

### Do Prosthetists/Orthotists do the same thing?

Fundamental theories underpinning prosthetics and orthotics are similar which is why they are taught as one degree, and clinicians have a dual title, however the jobs can be very different. In general Prosthetists deal with patients who have a limb absence, whereas Orthotists deal with patients who may have limbs that do not work correctly, need extra support or require pain relief.

Most people after their degree choose to specialise in either prosthetics or orthotics; however there are a few centres in the UK where you can work as a dual practitioner.

Please see Mrs Moore if you would like a copy of 'A career guide to Prosthetics and Orthotics.'

## KS4 - Care UK Open Doors



An 'Open Doors' visit with Care UK consists of a 1½ - 2 hour visit to a Care UK home meeting colleagues in different roles including management, care and non direct care roles, sales and marketing, catering, nursing, maintenance, finance and many more.

- Students learn about different roles and entry routes
- Have the opportunity to ask lots of questions
- Have a tour of the premises
- Take part in fun activities such as food preparation
- Develop skills in listening, speaking, thinking positive, aiming high, creativity
- Voted 'Best Employer Encounter 2024' by Essex Careers Hub

There are currently places at the Britten Centre, near the East Coast College for students to visit and learn more about the sector.

Please see Mrs Moore if you would like more information.



To find out more or book your Open Doors visit in a Care UK home, please contact [earlycareers@careuk.com](mailto:earlycareers@careuk.com)







## (Age 13 and over) - Healthcare Science Virtual Work Experience?



### Healthcare Science virtual work experience programme

There are over fifty thousand healthcare scientists working in the NHS and public health services. They operate at the cutting edge of innovation, supporting the diagnosis, prevention and treatment of disease. If you are passionate about science and technology, and about helping others, a career in healthcare science could be the perfect match for you.

Healthcare scientists work in over fifty specialisms which can be categorised into four groups:



Life Sciences



Physiological Sciences



Physical Sciences



Bioinformatics

NHS England have just introduced an exciting new Healthcare Science Virtual Work Experience opportunity, in collaboration with Springpod, which can be accessed on an unlimited basis by anyone over the age of thirteen, across the UK.

The programme aims to break down barriers to traditional work experience and provide more accessible and inclusive options for young people to explore careers in the Healthcare Sciences. It contains a variety of content including quizzes, videos, activities and pre-recorded webinars/Q&As, as well as an opportunity to live chat with a healthcare science ambassador. Modules cover an introduction to healthcare science, details of different specialisms, entry routes, career planning, and employability skills. You can start straight away and complete the course at your own pace.

#### How do I sign up?

- **Visit:** [www.nhse.springpod.com/#Experiences](http://www.nhse.springpod.com/#Experiences)
- **Sign up:** registration is quick, and free
- **Start learning:** access expert-led modules
- **Get certified:** gain a completion certificate and skills chart when you have completed the course. This can be a useful resource for UCAS applications and future interviews.

For more information about the healthcare sciences, visit:  
[www.healthcareers.nhs.uk/explore-roles/healthcare-science](http://www.healthcareers.nhs.uk/explore-roles/healthcare-science)



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# MUSIC TECHNOLOGY & SONGWRITING CLUB

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**Saturday Mornings | 10:30- 12:30PM**

**24th & 31st January 2026**

**7th & 14th February 2026**

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📧 **Logic Pro, GarageBand, synths, drum machines & more!**

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The Seagull, 19-75 Morton Rd, Pakefield, Lowestoft, NR33 0JH  
[www.poparts.org](http://www.poparts.org) | Pop Arts is registered charity number 1188328.

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Registered Number: 8347874





Week Beginning	Mon	Tue	Wed	Thu	Fri
<b>08/12/2025</b>	Christmas Dinner – Yr11	Christmas Dinner- Yr10	Christmas Dinner – Yr9	Christmas Dinner – Yr8  Year 10 – Parents Evening	Christmas Dinner – Yr7
<b>15/12/2025</b>	Rewards assemblies	Rewards assemblies	Rewards assemblies	Rewards assemblies	Rewards assemblies  School will finish at 1pm after lunch for all students.

Warm regards,  
Mr P Dougherty  
Head of School