



Dear Parents and Carers,

As we welcome this half-term break, I'd like to thank you for your support over the course of the first half of the year. As a reminder, school resumes on **Monday 23rd February**, and we expect all students to return in **full school uniform**, ready for a prompt start to the day.

For our Year 11 students, the first round of mock exams begins immediately after the break. These assessments are a key milestone in their journey toward the GCSEs, and I know you will continue to support them in their preparation.

I would also like to wish those on the Media Trip to Paris a wonderful experience as well.

Thank you for your continued support throughout this half term. I wish you and your families a restful and enjoyable break.

## Key Reminders

### Uniform

Please ensure your child returns in full compliance with our uniform policy, which is available on our website. In summary, students should wear:

- School blazer or jumper with the school logo
- White shirt or blouse
- School tie
- One of the following:
  - Plain dark grey or black trousers (formal, loose fit, ankle-length)
  - Plain dark grey or black shorts (formal, loose fit)
  - Pleated Pakefield knee-length grey school skirt
- Polishable or patent formal black shoes
- Jewellery should be discreet and appropriate for school. Students may wear:
  - One set of plain studs or small sleepers in pierced ears
  - One small nose stud
  - One watch, necklace, bracelet, or ring



## Equipment

All students are expected to arrive fully equipped for learning. This includes:

- A school bag
- Stationery: black or blue pen, green pen, pencil, ruler
- Calculator (Casio FX-83 or FX-85 preferred)
- PE kit (when applicable)
- Optional: colouring pencils, highlighters, paper glue

## Request for Uniform Donations

We are reaching out to ask for your support with our school uniform provision at Pakefield High School. We want to ensure that all our students have access to the correct uniform options when in school. By collecting pre-loved uniform items, we can help families who may be finding uniform costs challenging or who needs a temporary loan of some uniform

### What we need

We would be grateful for donations of any clean, good-quality uniform items that your child has outgrown, including:

- School blazers
- School Jumpers
- Trousers/School skirts
- PE kit
- Ties

### How to donate

Please send any donations into school with your child, who can hand them to their Year Lead. Alternatively, you can drop items off at the Main School Office.

### Free School Meals – Check Your Eligibility

If you think your child may be eligible for free school meals, you can apply online and receive an immediate response and confirmation email.

Children who have received free school meals since 1 April 2018 will continue to receive them until the end of the 2025/2026 school year, regardless of changes in income.

Use this link to check and [Apply for free school meals](#)

If your child is eligible for free school meals, they'll also qualify for the Holiday Activity and Food Programme. [More information from Suffolk County Council is available here](#)



## Every Day Counts: Supporting Your Child's Attendance

We wanted to take a moment to remind you of the vital importance of regular school attendance. Research consistently shows that good attendance is one of the strongest predictors of academic success and future opportunities for young people.

### Why attendance matters

When students attend school regularly, they:

- Keep up with their learning and don't fall behind their peers
- Build strong relationships with teachers and classmates
- Develop important life skills like punctuality and commitment
- Have better chances of achieving their full potential in exams and beyond

### What good attendance looks like

We expect all students to maintain above 95% attendance. This means missing no more than approximately 7-8 days across the entire school year. Even absences that seem small can add up quickly and impact your child's learning.

How you can help

- **Ensure your child attends every day** unless they are genuinely too ill to do so
- **Arrange medical and dental appointments** outside of school hours wherever possible
- **Contact the school on the first day** of any absence before 9am to explain the reason
- **Talk to us early** if your child is finding it difficult to attend school – we're here to support you

### When to keep your child at home

Your child should only miss school if they are genuinely too unwell to attend. Minor colds, headaches or feeling 'a bit under the weather' are not usually reasons to stay home. If you're unsure, please send them in and we can contact you if needed.

### Need support?

If your family is experiencing difficulties with attendance, please don't hesitate to contact us. We can work together to identify any barriers and put support in place to help your child return to regular attendance. Thank you for your continued support in ensuring your child makes the most of their education.



## Student of the Week

CONGRATULATIONS!

**KS3 HISTORY  
STUDENT OF THE WEEK**




**LOGAN**

Logan has made an excellent start to life at PHS. This year in History, he has been studying the Medieval period, and thinking about how power in society changed. He has impressed all of us in the Humanities Department with the maturity he has shown. Logan always pushes himself in lessons and the levels of effort and focus he shows make him an excellent role model for other students.

CONGRATULATIONS!

**KS4 HISTORY  
STUDENT OF THE WEEK**



**PAIGE**

Paige has worked incredibly hard this year. As we come to the end of the course, she is making sure that she is in the best position to achieve in her exams. She has been attending extra revision sessions, working hard to complete all homework and making sure that lesson time is used to the best advantage. Paige's book is always immaculately presented, which means it will be an excellent revision resource in the months ahead.



## Community student of the week

 **Pakefield Community Spotlight**

**Millie**

Among our extremely talented cohort of Year 7 footballers is Millie Piggan talking to us this week about her love of the sport.

Hi, my name is Millie, I'm 12 and I love football. At first, for about 4 years, I did gymnastics, then I decided to try a football session. After that day, I have played football non-stop.

I play for a girls team and a boys team; my girls team is called Kirkley Emeralds and the boys team is Kirkley Royals. I love both teams, as I get to play with my best friend, and other friends.

I hope to carry on playing football, as it is my passion.



## Year 7 Pickleball Team



Our Year 7 boys did Pakefield High School proud at the North Suffolk Pickleball Tournament. Both teams showed outstanding teamwork, resilience and sportsmanship throughout the competition, with impressive improvements in their understanding of the rules, communication and shot selection as the tournament progressed. Competing against nine teams, Pakefield finished in an excellent 3rd and 7th place overall, narrowly missing out on the top spot. A fantastic achievement and a brilliant platform to build on.

Well done to all involved!



## Year 8 Girls Cricket



It was our first indoor cricket event of the year this week. Our Year 8 girls performed fantastically, finishing in 2<sup>nd</sup> place after winning against Bungay but losing to the overall winners Leman. Both matches were very close in runs scored; our win came thanks to a challenging boundary stop when fielding from Millie, saving us vital points. Some excellent bowling from Gracie saw the wickets being hit and Amy was our player of the match with some excellent catches and quick reactions when fielding, as well as some excellent batting.

Well done to all our girls who represented the school at this event!

## Girls Under 15 Football Team



Fakenham High 0 – 1 Pakefield High

We travelled to Fakenham on Monday 9<sup>th</sup> February. This is Round 3 of a national competition. The u15 girls were really tested as they had to play with 1 player less due to illness and 1 player suffering from concussion. The team defended really well led by Sophie Barker, Jess Organ and Ruby Bembrick. The midfield battled really well and were all over the pitch, they were Ella Jackson, Lola Jay and Jasmine Butler. Summer Harlow was our only goal scorer and led the attacking line on her own superbly.

Well done girls!



## The Library

### LIBRARY

	Break	Lunch
<b>M</b>	Wk1 OPEN	OPEN
	Wk2 OPEN	OPEN
<b>T</b>	Wk1 OPEN	OPEN
	Wk2 OPEN	OPEN
<b>W</b>	Wk1 OPEN	OPEN
	Wk2 OPEN	OPEN
<b>T</b>	Wk1 CLOSED	CLOSED
	Wk2 CLOSED	CLOSED
<b>F</b>	CLOSED	CLOSED

*Library Clubs*  
Mon Games Club  
Tue Crafty Tuesday  
Wed Chess Club  
Curious to know more? Check out our clubs posters or ask in the Library.

You can come to borrow and return books whenever the Library is open.

### Library Information

- Library & Clubs Update**
  - You can borrow and return books anytime the library is open.
  - Books can also be returned in the Returns box outside the library.
  - If you borrowed any books before the summer, please return them as soon as possible.
- Computer Access**
  - Computers are available every lunchtime the library is open for homework/schoolwork only.
  - You must sign up at break if you want to use a computer at lunch.
- Library Clubs**
  - Library clubs run every week!
  - Important: You must sign up at break before lunch on the day of the club.
  - No sign-up = No club!

## Reading for Pleasure

### READING FOR PLEASURE PRIZE DRAW

Win prizes just for reading!

#### How to Take Part:

- 1 Finish a book of your choice
- 2 Fill in a **PHS Recommends Card**
- 3 Hand it to Miss Cheale & get a stamp on your bookmark.
- 4 Collect stamps → enter the **fortnightly prize draw**

🌟 **Read. Recommend. Reward.**

Your next book could be your favourite — or prize-winning!

### READING FOR PLEASURE PRIZE DRAW

Win prizes just for reading!

**BORROW a book TODAY**

**Reading=Rewards**  
Any book. Any Genre.  
Your next read could win!

**HOW IT WORKS**

- READ: Finish a book of your choice (Any book counts)
- RECOMMEND: Fill in a PHS Recommends card. Hand it to Miss Cheale in the library
- COLLECT STAMPS: Miss Cheale will give you a stamp on your Reading for Pleasure Bookmark.

**PRIZES**  
Not a confident Reader? That's okay! Start with a short book. Read for just 10 minutes at a time. Get help choosing a book. Reading gets easier the more you practice.

**Enter & WIN!**  
A winner is chosen every two weeks!

**READ. RECOMMEND. REWARD.**



Visit the LIBRARY for MORE info!

# Excelsior award

**Be a Judge in the 2026 Excelsior Awards!**

**READ IT, RATE IT, REVIEW IT**

SIGN UP IN THE LIBRARY WITH MISS CHEALE

**excelsior award BLUE**      **excelsior award RED**

WORLD BOOK DAY PHS PRESENTS

# The Great Book Bake off

Be as creative and imaginative as you like - the more bookish and original the better!

Bake and decorate a cake or cupcakes based on the theme of a book or book character. Bring your entry to the library in the morning on Wednesday 4<sup>th</sup> March by 8:30.

- Judged on effort, appearance and taste
- Prizes for the best entries
- The bake off is open to everyone, students and staff
- Cakes will be on sale at break and lunch

**4th March, 2026** | Cake sale in the library

Let your imagination run wild!

**New Club:**  
starting  
this  
Tuesday

Imagine the excitement of learning new languages, making friends, exploring cultures, and helping others learn English!

Join the Young Interpreters Club - have fun, gain leadership skills, and make a difference!

**Young Interpreter Scheme®**

With Mr. Agyapong Ntim

Venue: MFL 1

Day: Every Tuesday 3:00 - 3:30 pm

Hola Hello

Ciao Ciao



## PE Club Change:

After February half term there will no longer be basketball club on Wednesdays. This will change to the following:

Week 1 Wednesdays =

**Cheerleading**  
(sports hall)



Week 2 Wednesdays =

**Trampolining**  
(sports hall)



GameANGLIA

SUFFOLK Community Foundation

16<sup>th</sup> February to 20<sup>th</sup> February

**Elevate:  
Lowestoft**

PREPARE FOR A GAME JAM IN 2026!

The Fort, Unit 3 & 4, 6 Milton Rd E,  
Lowestoft NR32 1NT

## Half Term Gaming Events

Game Anglia have another fantastic programme running, this time in Lowestoft. Young people can attend as few or as many sessions as they would like.

This February, Game Anglia are diving into narrative, characters, and storytelling in games, with a fun mix of creative and practical sessions you can sign up for, including:

- Making a narrative game using Twine - (Monday 16/02)
- Setting the scene in your narrative game - (Monday 16/02)
- Sketch and costume design for game characters - (Tuesday 17/02)
- Create cool characters with pixel art - (Tuesday 17/02)
- Build your own storytelling game - (Wednesday 18/02)
- How to add danger - (Wednesday 18/02)
- Writing dialogue for games - (Thursday 19/02)
- Create your own visual novel in Ren'Py - (Thursday 19/02)
- How to ace a game jam - (Friday 20/02)
- Game jam theme reveal - (Friday 20/02)

All sessions are beginner-friendly, so no prior experience is needed, just curiosity and an interest in making games 🎮🌟

[Visit the website to sign up.](#)

Head of School: Mr P Dougherty  
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Email: [info@pakefield.org.uk](mailto:info@pakefield.org.uk)  
Online: [www.pakefield.org.uk](http://www.pakefield.org.uk)  
Follow us on Facebook: @PakefieldSchool

CLARION CORVUS  
TRUST

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Registered Office: Kittens Lane, Loddon, NR14 6JU  
Registered Number: 8347874



# HALF TERM TOURS

- BOOK A COLLEGE TOUR -

WANT TO STUDY WITH US IN 2026? BOOK ONE OF OUR FEBRUARY HALF TERM COLLEGE TOURS NOW!

[WWW.EASTCOAST.AC.UK/EVENTS/HALF-TERM-TOURS](http://WWW.EASTCOAST.AC.UK/EVENTS/HALF-TERM-TOURS)

0800 854695  
[www.eastcoast.ac.uk](http://www.eastcoast.ac.uk)

HALF TERM TOURS

# HALF TERM TOURS

SECURE YOUR PLACE ON OUR FEBRUARY HALF TERM TOURS.

LOWESTOFT SIXTH FORM COLLEGE

[WWW.LOWESTOFTSFC.AC.UK](http://WWW.LOWESTOFTSFC.AC.UK)

East Norfolk Sixth Form College

## EN Open Evening

Tuesday 10<sup>th</sup> March

4pm - 7pm

Consistently good for over 4 decades

100% pass rate in 40 subjects

Offer over 90 subjects to choose from

Applications still open!

Book tickets now and discover your future



Year 10 and 11

East Norfolk Sixth Form College Open Evening.

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Online: [www.pakefield.org.uk](http://www.pakefield.org.uk)  
Follow us on Facebook: @PakefieldSchool

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## Year 10 Work Experience Information

### East Suffolk Council Work Experience Opportunity

We're excited to announce that East Suffolk Council is offering work experience placements at their Riverside office in Lowestoft for the final week of the Summer term.

Last year, three of our students completed their placements there and had a fantastic experience!

This week-long event provides a unique opportunity for students to explore the wide range of work carried out by East Suffolk Council. Unlike traditional work experience, this program offers a chance to develop essential workplace skills, such as professional conduct and communication. Students will also participate in a series of interactive sessions with different teams, giving them insight into potential career paths and the opportunity to learn from experienced professionals.

[If you're interested in applying for this valuable experience, please speak to Mrs Moore for more details and to collect an application form.](#)

### James Paget University Hospital

Unfortunately, the work experience placement dates at the James Paget Hospital do not align with ours, so it won't be an option this summer. However, if you're still looking for a healthcare-related placement or need help finding an alternative, please feel free to book an appointment with Mrs Bray (Careers Advisor). She will be happy to assist you with exploring other opportunities.



**James Paget  
University Hospitals**  
NHS Foundation Trust

## Year 10 Work Experience: Primary School

Phoenix St Peter Academy have now sent us the application forms for work experience.

Students need to have an interest in a career in one of the following:

- Health & Social
- P.E.
- Construction
- Business

If you are interested, please see Mrs Moore for an application form.





## Year 11 – Are you interested in a Career in Law?

Applications are now open for the King's College London Widening Participation Online Law Lecture Series (LLS) 2026. This is their first Law outreach programme fully accessible to students across the East of England.

### What is the Online Law Lecture Series?

The Law Lecture Series is a free, national programme of live online lectures for students interested in studying Law and related subjects at university. Since launching the programme, thousands of students across the UK have been supported to explore law as a subject and career.

### Students will:

- Learn what studying Law at university is really like
- Explore a wide range of legal careers and pathways
- Receive guidance on applications, admissions and the LNAT
- Take part in weekly live Q&A sessions
- Join a national community of like-minded students interested in Law

### When & where?

- Live online lectures via Zoom Webinar
- Held on Thursday evenings
- Running from March – June 2026
- Accessible on a computer, tablet or mobile device



If you would like to apply for this opportunity, please see Mrs Moore. The deadline to apply is Monday 9<sup>th</sup> February.

## Year 11 – Are you interested in medicine or dentistry?

Applications for King's College London Medicine and Dentistry Lecture Series 2026 are now open!

This programme is for students across the UK in Year 11, 12, and 13 interested in becoming a doctor or dentist.

Over the course of the programme students will hear from a wide variety of speakers to help build their understanding of the opportunities and challenges of being a doctor and dentist, as well as guidance on the application process.

### Last year's lectures included the following:

- Medical and dental specialties: cardiology, oral surgery, renal transplant, and many more!
  - Q&A's each week with current medical and dental students
- Support with the application process: UCAT, personal statements, and interviews
  - Q&A with admissions colleagues from King's various universities



Most importantly participants will become part of a community of like-minded students all interested in applying to medicine and dentistry and finding out what being a doctor and dentist really entails! Lectures will be held on Tuesday or Friday evenings between 5:00 – 6:30pm. (on zoom) Our first lecture will be on Tuesday 24<sup>th</sup> March 5pm.

For more information, please see Mrs Moore. The deadline to apply is **Monday 9<sup>th</sup> February 2pm.**

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## Are you aged 14+ and interested in a healthcare career?

**Virtual Work Based Learning Programme**

Are you aged 14+ and interested in a healthcare career & want to find out more?

Not sure what career might suit you?

How to access work experience?

Then why not explore the 15 Allied Health Professions (AHP)?

**WHY?**  
BOOST your CV.  
Learn at your own pace.  
Meet & talk to professionals currently working in services in your area.

ASPIRING ALLIES

Register your interest in the programme by scanning the QR code here:

**How does it work?**

- Available Programmes: AHP Overview, Occupational Therapy, Physiotherapy, Dietetics, Operating Department Practitioner
- Join us for the live launch & finals events online.
- Free, flexible and accessible: Complete other modules in your own time, on your own device, any time.

**6 MODULES OF ASPIRING ALLIES**

EACH MODULE WILL TAKE APPROXIMATELY ONE HOUR TO COMPLETE.

- 1 THE ALLIED HEALTH PROFESSIONS**
  - Live launch event: 4th February 2026 4 - 5pm, discovering the AHPs entry routes and requirements.
  - Explore a universe of opportunities.
  - Your AHP aspirations.
- 2 THE AHP SETTINGS**
  - Discover the different settings an AHP might work.
  - What the settings look like
  - Case study examples in a variety of settings.
  - Interactive case study creation to test understanding.
- 3 THE AHP VALUES**
  - Learn the core values for working in care.
  - Demonstrate your core values.
  - Write a personal statement.
- 4 A JOURNEY THROUGH A PATIENTS PATHWAY**
  - Learn about the Multi-Disciplinary Team approach.
  - Plot an AHP timeline.
  - Research a patient case study.
  - Develop a patient case study.
- 5 AHP DEEP DIVE**
  - Find your AHP drive.
  - Research the AHP roles.
  - Create an AHP job description.
  - Create an AHP job advertisement.
- 6 PRACTICAL TIPS FOR BECOMING AN AHP**
  - Find out how to become an AHP.
  - Plan your next steps.
  - Reflect on your learning.
  - Live finale event: 4th March 2026 at 4 - 5pm.

Register your interest in the programme by scanning the QR code here:

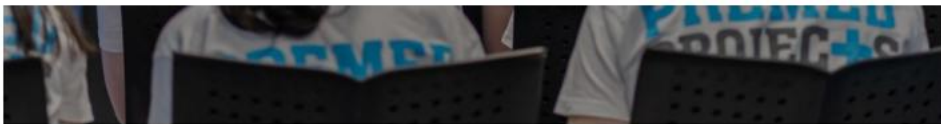
The Aspiring Allies virtual work experience programme will now be facilitated by the East of England team for NHS England.

The programme is suitable for anyone aged 14+ and consists of a live online launch and closing Q&A session hosted by programme leads and a panel of representatives from the Allied Health Professions and support workforce.

Between these sessions, participants are allocated a month to complete six individual online modules at their own time and pace, each taking around an hour. The programme is free of charge and can be accessed via phone, tablet, laptop or PC. The sessions can be mentioned in personal statements, interviews and university applications.

To participate in the next programme (starting 4<sup>th</sup> February 2026) applicants can register via the QR code on the attached flyer.

## PREMED: Interested in a Medical Career? (Ages 14-18)



Please see Mrs Moore if you would like the link to sign up.

### MONDAY 23RD FEBRUARY – FRIDAY 27TH FEBRUARY 2026

Join us at 7.30 pm GMT each day Monday – Friday from the 23rd February – 27th February 2026 for a virtual work experience week for medicine. The course is all delivered online, meaning you can gain some medical work experience in the comfort of your own home. Completing the course leads to certification for 10 hours of medical work experience.

### FOR STUDENTS AGED 14-18 INTERESTED IN A MEDICAL CAREER

The course is designed for students aged 14-18 who are interested in careers in medicine. We aim to give students real insight into their future careers, teach them what a medical career is like and advise what students need to do to secure a place in med school.

### GAIN VALUABLE MEDICAL WORK EXPERIENCE FOR YOUR MED SCHOOL APPLICATIONS

The virtual medicine work experience week is a fantastic opportunity for students to gain work experience through different daily activities, hosted by our team of practising UK NHS doctors.

Either join each session at 7.30 pm GMT each day to watch live, or you are able to watch it all back for 60 days if you cannot attend live on the day. After the week, you will obtain a certificate confirming your completion of the course. Much more than that, you'll be able to confidently navigate the application, interview and work experience stage of applying to med school.

There is a fee.

**PREMED  
PROJECTS**



## Women in Maritime: Charting a Course for the Future

20 May 2026, 11am – 12pm (Online)

Set sail on an inspiring virtual journey celebrating **Women in Maritime!** This exciting session invites secondary and college students to meet incredible women shaping the future of the maritime industry - from marine engineers and naval architects to ship captains and sustainability specialists.

Discover how these trailblazers are breaking waves and barriers, proving that the ocean has no limits when it comes to ambition and opportunity. Whether you're passionate about science, technology, the environment, or global trade, the maritime world has a place for you. Get ready to be inspired, challenge stereotypes, and explore the possibilities of a career on - and beyond - the water!



Please see Mrs Moore if you would like to sign up.

## New School Nurse

**New School Nurse:** [Rebekah Felgate](#)

**Changes:** Rebekah will be in school fortnightly on a Tuesday lunch time.

**Venue:** Meeting Room 2

**Times:**

Year 7, 9 and 11: 1.00pm-1.30pm

Years 8 and 10: 1.30pm-2.00pm

**Dates:**

**(Spring Term 1)**

- ~~Tuesday 13th January 2026.~~
- **Tuesday 27th January 2026**
- Tuesday 10th February 2026





## The Health and Care Academy App

The app brings together clear, up-to-date information about local opportunities across Norfolk and Waveney, including:

- Apprenticeships, work experience opportunities, career pathways into health and social care, and resources from local health and social care organisations.

**The Health and Care Academy App**

Download the "HealthZone UK" App and search "N&W Health and Care Academy"

Now Live!!!

**How to Download the Health & Care Academy App**

Search for "HealthZone UK" on the App Store / Google Play Store

Once downloaded, search and select "N&W Health and Care Academy"

Or scan the QR Code

You will need to complete a short registration form, then you can access all of the latest health and social care information for Norfolk & Waveney

For more information, contact [healthandcareacademy@jpaget.nhs.uk](mailto:healthandcareacademy@jpaget.nhs.uk)

## Weekly 100% Attendance Rewards



Every Monday, one student from each year group with 100% attendance in the previous week will be randomly selected to receive a £5 Amazon voucher.



Every Friday, two students from each year group with 100% attendance for the entire week will also be randomly selected to receive a golden ticket, and a jump the queue pass for themselves and a friend. This pass also entitles the winner to a complimentary meal deal.



## School Events

<b>Week Beginning</b>	<b>Mon</b>	<b>Tue</b>	<b>Wed</b>	<b>Thu</b>	<b>Fri</b>
<b>23/02/2026</b>	Year 11 Mocks	Year 11 Mocks	Year 11 Mocks	Year 11 Mocks	Year 11 Mocks
<b>02/03/2026</b>	Year 11 Mocks	Year 11 Mocks	Year 11 Mocks	Year 11 Mocks	Year 11 Mocks
<b>09/03/2026</b>					
<b>16/03/2026</b>					Year 10 Careers Fair - L6FC
<b>23/03/2026</b>				Year 11 - Parents Evening Year 11 - Mock Results	

Warm regards,  
Mr P Dougherty  
Head of School