



Friday 6<sup>th</sup> February 2026

Dear Parents and Carers,

As we head into the final week of this half term, I want to extend my thanks to all our students - and to you, their parents and carers - for your continued support throughout the term.

We have remained focused on creating a calm, purposeful environment where high-quality learning can thrive in every classroom. This reflects the commitment of our staff and the positive engagement of our students.

I would also like to thank all the Year 9 parents and carers who attended yesterday's Parents' Evening. It was a pleasure to welcome you into school and discuss the progress your children are making.

A reminder that the Year 9 Options Form is now open for students to submit their choices for Year 10 GCSE subjects. The form must be completed by **5pm on Friday 13 February**, and we appreciate your support in helping students make thoughtful and well-informed decisions.

We have a full week of school ahead before breaking for half term at the end of the day on Friday. Students are expected to attend each day next week, and we are grateful for your ongoing support in maintaining strong attendance.

Looking ahead, our Year 11 students will begin their second round of mock exams after the break. We look forward to seeing how they are progressing as they prepare for their GCSEs, and we are confident they will approach this important stage with focus and determination.

Thank you once again for your continued support. I wish you and your families a restful and enjoyable weekend.



### **Request for Uniform Donations**

We are reaching out to ask for your support with our school uniform provision at Pakefield High School. We want to ensure that all our students have access to the correct uniform options when in school. By collecting pre-loved uniform items, we can help families who may be finding uniform costs challenging or who needs a temporary loan of some uniform

### **What we need**

We would be grateful for donations of any clean, good-quality uniform items that your child has outgrown, including:

- School blazers
- School Jumpers
- Trousers/School skirts
- PE kit
- Ties

### **How to donate**

Please send any donations into school with your child, who can hand them to their Year Lead. Alternatively, you can drop items off at the Main School Office.

### **Every Day Counts: Supporting Your Child's Attendance**

We wanted to take a moment to remind you of the vital importance of regular school attendance. Research consistently shows that good attendance is one of the strongest predictors of academic success and future opportunities for young people.

### **Why attendance matters**

When students attend school regularly, they:

- Keep up with their learning and don't fall behind their peers
- Build strong relationships with teachers and classmates
- Develop important life skills like punctuality and commitment
- Have better chances of achieving their full potential in exams and beyond



### What good attendance looks like

We expect all students to maintain above 95% attendance. This means missing no more than approximately 7-8 days across the entire school year. Even absences that seem small can add up quickly and impact your child's learning.

How you can help

- **Ensure your child attends every day** unless they are genuinely too ill to do so
- **Arrange medical and dental appointments** outside of school hours wherever possible
- **Contact the school on the first day** of any absence before 9am to explain the reason
- **Talk to us early** if your child is finding it difficult to attend school – we're here to support you

### When to keep your child at home

Your child should only miss school if they are genuinely too unwell to attend. Minor colds, headaches or feeling 'a bit under the weather' are not usually reasons to stay home. If you're unsure, please send them in and we can contact you if needed.

### Need support?

If your family is experiencing difficulties with attendance, please don't hesitate to contact us. We can work together to identify any barriers and put support in place to help your child return to regular attendance.

Thank you for your continued support in ensuring your child makes the most of their education.

### Free School Meals – Check Your Eligibility

If you think your child may be eligible for free school meals, you can apply online and receive an immediate response and confirmation email.

Children who have received free school meals since 1 April 2018 will continue to receive them until the end of the 2025/2026 school year, regardless of changes in income.

Use this link to check and [Apply for free school meals](#)

If your child is eligible for free school meals, they'll also qualify for the Holiday Activity and Food Programme. [More information from Suffolk County Council is available here](#)



## Student of the Week



### Student of the week Food KS3

James Medina has shown great enthusiasm for food and demonstrated his knowledge for pressing garlic along with the safe cutting methods for pasta with ragu sauce.



### Student of the week Food KS4

Roxann Whenman is enjoying her GCSE Food course. She is building her confidence in all the practical skills and shows great enthusiasm for the subject and encourages others to do so.



## Community student of the week



### Pakefield Community Spotlight

#### Lennie

One of most talented footballers, Lennie in Year 10, has been sharing his experiences in the sport with us this week and how his season has been going so far.

**Lennie's Footballing Journey:**  
I've been playing football for 10 years now and recently I have had the opportunity to trial for Suffolk County schools, and was invited to represent them. I have played 4 competitive matches for Suffolk now, beating Norfolk twice which meant we won The Ray Carter Cup. We have also played Essex and unfortunately lost but then beat Cambridge in the next match.  
At the minute I currently play in centre midfield and centre back and I'm loving the game. The other teams I play for are Norwich and Fakenham, where I play competitively in a league called the EJA. As it stands, we currently sit fifth in the league with only five games played but have plenty of games in hand.



## Girls Under 15 Football Fixture Pakefield 7 – 0 Thomas Mills High School

This fixture marked the first round of the English Schools FA Cup competition, with Pakefield drawn at home against Thomas Mills High School. 26<sup>th</sup> January 2026.

The team was made up of a combination of Year 9 and Year 10 students and was captained on the day by Flo Durrant. Throughout the match, the girls demonstrated an excellent attitude, showing respect towards both their opponents and one another.

The girls played with excellent intensity. We didn't have any substitutes for the game so the girls knew they had to give 100%.

Pakefield produced a strong overall performance and ran out convincing 7–0 winners. The goals were scored by Summer Harlow (4), Flo Durrant (1), Sophie Daynes (1) and Lola Jay (1). As the majority of the hard work was done, we were able to give some of the ladies a rest and play with a disadvantage for the final minutes.

Pakefield now look forward to an away fixture in the next round of the competition, vs Fakenham High. Well done to all the girls — a very impressive team performance.



## Year 7 Boys Basketball

Our Year 7 boys competed in their first tournament this week for the annual 3v3 basketball cup. This year we saw an excellent standard of play, with many players coming from the local teams: Beccles Bombers and Great Yarmouth.

All of our players did an excellent job, demonstrating their knowledge of the game in competitive matches. Our player of the tournament and top scorer was Harry!

Well done to all of the boys who represented the school for this event.

Basketball club will continue on Wednesdays until

February half term. Following this pupils can see the PE department for information on how to join the local clubs to develop their skills further.





## Extra Curricular Clubs January - February 2026

MONDAY	TUESDAY	WEDNESDAY	FRIDAY
<b>Mr Bligh</b> Further Maths <b>Mr Bond</b> Dungeons and Dragons <b>Mr Clarke</b> Retro Games Club (Week 1 only) <b>Ms Grice</b> Pride <b>Mr Rowe</b> Fantasy Premier League <b>Mr Tate</b> Y11 History <b>Mrs Trigg</b> Science Ambassadors	<b>Mr Agyapong</b> French Book Club <b>Mr Dowson</b> Darts <b>Miss Eagle</b> Seneca <b>Mr Gibbons</b> Fitness/Circuits (Gym) <b>Mr Hill</b> Fantasy NFL <b>Miss Shank</b> Netball <b>Mr Wilson</b> BTEC Music (3pm to 4pm) <b>Mrs Tuttle</b> UNO/Card Games	<b>Mr Dowson</b> Fixtures/Competitions <b>Ms Grice</b> D of E (Enrolled students only) <b>Mr Herbert</b> Fixtures/Competitions <b>Miss Saunders</b> D of E (Enrolled students only) <b>Miss Shank</b> Basketball <b>Miss Simons</b> Drama/Showcase <b>Mr Wilson</b> Origami Club	<b>Dr Bernthal</b> Latin Club <b>Mr Bligh</b> Further Maths (Invite Only) <b>Mr Osbourne</b> KS3 Art Club (Limited Spaces) <b>Mrs Trigg</b> Dr Who <b>Mrs Warren</b> Y11 Art Intervention
		THURSDAY	
		<b>Mr Herbert</b> KS4 Badminton (Before School) <b>SLT</b> Independent Revision IT3	

[info@pakefield.org.uk](mailto:info@pakefield.org.uk)  
[www.pakefield.org.uk](http://www.pakefield.org.uk)

**Ofsted**  
Good Provider

## Pakefield High School Loyalty Card

Name: \_\_\_\_\_ Form Group: \_\_\_\_\_















Each time you attend an extra-curricular club, your teacher will sign your card.

- Collect 6 stars: Earn a Golden Ticket!
- Collect all 12 stars by the end of the half term: Your name will be entered into a prize draw.



## PE Club Change:

After February half term there will no longer be basketball club on Wednesdays. This will change to the following:

Week 1 Wednesdays =  
**Cheerleading**  
(sports hall)



Week 2 Wednesdays =  
**Tramplining**  
(sports hall)





## The Library

### LIBRARY

	Break	Lunch
<b>M</b>	Wk1 OPEN	OPEN
	Wk2 OPEN	OPEN
<b>T</b>	Wk1 OPEN	OPEN
	Wk2 OPEN	OPEN
<b>W</b>	Wk1 OPEN	OPEN
	Wk2 OPEN	OPEN
<b>T</b>	Wk1 CLOSED	CLOSED
	Wk2 CLOSED	CLOSED
<b>F</b>	CLOSED	

*Library Clubs*  
 Mon Games Club  
 Tue Crafty Tuesday  
 Wed Chess Club  
 Curious to know more? Check out our clubs posters or ask in the Library.

You can come to borrow and return books whenever the Library is open.

### Library Information

**Library & Clubs Update**

- You can borrow and return books anytime the library is open.
- Books can also be returned in the Returns box outside the library.
- If you borrowed any books before the summer, please return them as soon as possible.

**Computer Access**  
 Computers are available every lunchtime the library is open for homework/schoolwork only.

- You must sign up at break if you want to use a computer at lunch.

**Library Clubs**  
 Library clubs run every week!  
 Important: You must sign up at break before lunch on the day of the club.

- No sign-up = No club!

## Reading for Pleasure

**READING FOR PLEASURE PRIZE DRAW**  
 Win prizes just for reading!

### How to Take Part:

- 1 Finish a book of your choice
- 2 Fill in a **PHS Recommends Card**
- 3 Hand it to Miss Cheale & get a stamp on your bookmark.
- 4 Collect stamps → enter the **fortnightly prize draw**

**Read. Recommend. Reward.**

Your next book could be your favourite — or prize-winning!

### READING FOR PLEASURE PRIZE DRAW

Win prizes just for reading!

**BORROW a book TODAY**

**Reading=Rewards**  
 Any book. Any Genre.  
 Your next read could win!

**HOW IT WORKS**

- READ: Finish a book of your choice (Any book counts)
- RECOMMEND: Fill in a PHS Recommends card. Hand it to Miss Cheale in the library.
- COLLECT STAMPS: Miss Cheale will give you a stamp on your Reading for Pleasure Bookmark.

**PRIZES**  
 Not a confident Reader? That's okay! Start with a short book. Read for just 10 minutes at a time. Get help choosing a book. Reading gets easier the more you practice.

**Enter & WIN!**  
 A winner is chosen every two weeks!

**READ. RECOMMEND. REWARD.**




East Norfolk Sixth Form College

# EN Open Evening

 **Tuesday 10<sup>th</sup> March**

 **4pm - 7pm**

 **Consistently good for over 4 decades**

 **100% pass rate in 40 subjects**

 **Offer over 90 subjects to choose from**

 **Applications still open!**



Book tickets now and discover your future



**Year 10 and 11**

East Norfolk Sixth Form College Open Evening.



## Year 10 Work Experience: Primary School

Phoenix St Peter Academy have now sent us the application forms for work experience.

Students need to have an interest in a career in one of the following:

- . Health & Social
- . P.E.
- . Construction
- . Business

If you are interested, please see Mrs Moore for an application form.



Head of School: Mr P Dougherty  
London Road  
Pakefield  
Lowestoft, NR33 7AQ  
Tel: 01502 530750  
Email: [info@pakefield.org.uk](mailto:info@pakefield.org.uk)  
Online: [www.pakefield.org.uk](http://www.pakefield.org.uk)  
Follow us on Facebook: @PakefieldSchool

  
**CLARION CORVUS**  
TRUST

Part of Clarion Corvus Trust  
Registered Office: Kittens Lane, Loddon, NR14 6JU  
Registered Number: 8347874



## PREMED: Interested in a Medical Career? (Ages 14-18)



### MONDAY 23RD FEBRUARY – FRIDAY 27TH FEBRUARY 2026

Join us at 7.30 pm GMT each day Monday – Friday from the 23rd February – 27th February 2026 for a virtual work experience week for medicine. The course is all delivered online, meaning you can gain some medical work experience in the comfort of your own home. Completing the course leads to certification for 10 hours of medical work experience.

### FOR STUDENTS AGED 14-18 INTERESTED IN A MEDICAL CAREER

The course is designed for students aged 14-18 who are interested in careers in medicine. We aim to give students real insight into their future careers, teach them what a medical career is like and advise what students need to do to secure a place in med school.

### GAIN VALUABLE MEDICAL WORK EXPERIENCE FOR YOUR MED SCHOOL APPLICATIONS

The virtual medicine work experience week is a fantastic opportunity for students to gain work experience through different daily activities, hosted by our team of practising UK NHS doctors.

Either join each session at 7.30 pm GMT each day to watch live, or you are able to watch it all back for 60 days if you cannot attend live on the day. After the week, you will obtain a certificate confirming your completion of the course. Much more than that, you'll be able to confidently navigate the application, interview and work experience stage of applying to med school.

Please see Mrs Moore if you would like the link to sign up.

There is a fee.

**PREMED  
PROJEC+S**

759 (Beccles) Squadron  
Royal Air Force Air Cadets

## Open Evening Feb 2026

Friday 6th  
February

Doors Open  
7:15pm

The Drill Hall, Peddars Lane,  
Beccles, Suffolk, NR34 9UE

[www.becclesrafac.co.uk](http://www.becclesrafac.co.uk)  
[facebook.com/becclesrafac](https://facebook.com/becclesrafac)

## Royal Air Force Cadets

**When:** Friday 6<sup>th</sup> February 2026 (Arrival between 7:15pm-7:30pm with a finish time of approximately 9pm)

**Where:** The Old Drill Hall, Peddars Lane, Beccles, Suffolk, NR34 9UE

**Who:** Aged 12 (having started Academic Year 8) to 17 with their parents/families/carers to accompany them.

**Who does it apply to:** Those who are looking for adventure, challenge, to learn new skills, meet and make new friends, and learn about aircraft and the RAF.

Head of School: Mr P Dougherty  
London Road  
Pakefield  
Lowestoft, NR33 7AQ  
Tel: 01502 530750  
Email: [info@pakefield.org.uk](mailto:info@pakefield.org.uk)  
Online: [www.pakefield.org.uk](http://www.pakefield.org.uk)  
Follow us on Facebook: @PakefieldSchool

**CLARION CORVUS  
TRUST**

Part of Clarion Corvus Trust  
Registered Office: Kittens Lane, Loddon, NR14 6JU  
Registered Number: 8347874



## Women in Maritime: Charting a Course for the Future

20 May 2026, 11am – 12pm (Online)

Set sail on an inspiring virtual journey celebrating **Women in Maritime!** This exciting session invites secondary and college students to meet incredible women shaping the future of the maritime industry - from marine engineers and naval architects to ship captains and sustainability specialists.

Discover how these trailblazers are breaking waves and barriers, proving that the ocean has no limits when it comes to ambition and opportunity. Whether you're passionate about science, technology, the environment, or global trade, the maritime world has a place for you. Get ready to be inspired, challenge stereotypes, and explore the possibilities of a career on - and beyond - the water!



Please see Mrs Moore if you would like to sign up.



## Year 10 Work Experience Information

### East Suffolk Council Work Experience Opportunity

We're excited to announce that East Suffolk Council is offering work experience placements at their Riverside office in Lowestoft for the final week of the Summer term.

Last year, three of our students completed their placements there and had a fantastic experience!

This week-long event provides a unique opportunity for students to explore the wide range of work carried out by East Suffolk Council. Unlike traditional work experience, this program offers a chance to develop essential workplace skills, such as professional conduct and communication. Students will also participate in a series of interactive sessions with different teams, giving them insight into potential career paths and the opportunity to learn from experienced professionals.

If you're interested in applying for this valuable experience, please speak to Mrs Moore for more details and to collect an application form.

### James Paget University Hospital

Unfortunately, the work experience placement dates at the James Paget Hospital do not align with ours, so it won't be an option this summer. However, if you're still looking for a healthcare-related placement or need help finding an alternative, please feel free to book an appointment with Mrs Bray (Careers Advisor). She will be happy to assist you with exploring other opportunities.



**James Paget  
University Hospitals**  
NHS Foundation Trust



## Year 11 – Are you interested in a Career in Law?

Applications are now open for the King's College London Widening Participation Online Law Lecture Series (LLS) 2026. This is their first Law outreach programme fully accessible to students across the East of England.

### What is the Online Law Lecture Series?

The Law Lecture Series is a free, national programme of live online lectures for students interested in studying Law and related subjects at university. Since launching the programme, thousands of students across the UK have been supported to explore law as a subject and career.

### Students will:

- Learn what studying Law at university is really like
- Explore a wide range of legal careers and pathways
- Receive guidance on applications, admissions and the LNAT
- Take part in weekly live Q&A sessions
- Join a national community of like-minded students interested in Law

### When & where?

- Live online lectures via Zoom Webinar
- Held on Thursday evenings
- Running from March – June 2026
- Accessible on a computer, tablet or mobile device



If you would like to apply for this opportunity, please see Mrs Moore. The deadline to apply is Monday 9<sup>th</sup> February.

## Year 11 – Are you interested in medicine or dentistry?

Applications for King's College London Medicine and Dentistry Lecture Series 2026 are now open!

This programme is for students across the UK in Year 11, 12, and 13 interested in becoming a doctor or dentist.

Over the course of the programme students will hear from a wide variety of speakers to help build their understanding of the opportunities and challenges of being a doctor and dentist, as well as guidance on the application process.

### Last year's lectures included the following:

- Medical and dental specialties: cardiology, oral surgery, renal transplant, and many more!
  - Q&A's each week with current medical and dental students
- Support with the application process: UCAT, personal statements, and interviews
  - Q&A with admissions colleagues from King's various universities



Most importantly participants will become part of a community of like-minded students all interested in applying to medicine and dentistry and finding out what being a doctor and dentist really entails! Lectures will be held on Tuesday or Friday evenings between 5:00 – 6:30pm. (on zoom) Our first lecture will be on Tuesday 24<sup>th</sup> March 5pm.

For more information, please see Mrs Moore. The deadline to apply is **Monday 9<sup>th</sup> February 2pm.**

Head of School: Mr P Dougherty  
London Road  
Pakefield  
Lowestoft, NR33 7AQ  
Tel: 01502 530750  
Email: [info@pakefield.org.uk](mailto:info@pakefield.org.uk)  
Online: [www.pakefield.org.uk](http://www.pakefield.org.uk)  
Follow us on Facebook: @PakefieldSchool

  
**CLARION CORVUS**  
TRUST

Part of Clarion Corvus Trust  
Registered Office: Kittens Lane, Loddon, NR14 6JU  
Registered Number: 8347874



## Are you aged 14+ and interested in a healthcare career?

**Virtual Work Based Learning Programme**  **England East of England**

Are you aged 14+ and interested in a healthcare career & want to find out more?

Not sure what career might suit you?

How to access work experience?

Then why not explore the 15 Allied Health Professions (AHP)?

**WHY?**  
BOOST your CV.  
Learn at your own pace.  
Meet & talk to professionals currently working in services in your area.

Aspiring Allies offers you an opportunity to explore Allied Health Professional and Support Workforce careers through online virtual work experience.

How does it work?

- Available Programmes: AHP overview, Occupational Therapy, Physiotherapy, Dietetics, Operating Department Practitioner
- Join us for the live launch & finale events online.
- Free, flexible and accessible: Complete other modules in your own time, on your own device, any time.

**ASPIRING ALLIES** 

Register your interest in the programme by scanning the QR code here: 

**6 MODULES OF ASPIRING ALLIES** 

EACH MODULE WILL TAKE APPROXIMATELY ONE HOUR TO COMPLETE.

- 1 THE ALLIED HEALTH PROFESSIONS**
  - Live launch event 4th February 2025 4 - 5pm, discovering the AHPs entry routes and requirements.
  - Explore a universe of opportunities.
  - Your AHP aspirations.
- 2 THE AHP SETTINGS**
  - Discover the different settings an AHP might work.
  - What the settings look like
  - Case study examples in a variety of settings.
  - Interactive case study creation to test understanding.
- 3 THE AHP VALUES**
  - Learn the core values for working in care.
  - Demonstrate your core values.
  - Write a personal statement.
- 4 A JOURNEY THROUGH A PATIENT'S PATHWAY**
  - Learn about the Multi-Disciplinary Team approach.
  - Plot an AHP timeline.
  - Research a patient case study.
  - Develop a patient case study.
- 5 AHP DEEP DIVE**
  - Find your AHP drive.
  - Research the AHP roles.
  - Create an AHP job description.
  - Create an AHP job advertisement.
- 6 PRACTICAL TIPS FOR BECOMING AN AHP**
  - Find out how to become an AHP.
  - Plan your next steps.
  - Reflect on your learning.
  - Live finale event 4th March 2025 at 4 - 5pm.

Register your interest in the programme by scanning the QR code here: 

The Aspiring Allies virtual work experience programme will now be facilitated by the East of England team for NHS England.

The programme is suitable for anyone aged 14+ and consists of a live online launch and closing Q&A session hosted by programme leads and a panel of representatives from the Allied Health Professions and support workforce.

Between these sessions, participants are allocated a month to complete six individual online modules at their own time and pace, each taking around an hour. The programme is free of charge and can be accessed via phone, tablet, laptop or PC. The sessions can be mentioned in personal statements, interviews and university applications.

To participate in the next programme (starting 4<sup>th</sup> February 2026) applicants can register via the QR code on the attached flyer.

## New School Nurse

**New School Nurse:** Rebekah Felgate

**Changes:** Rebekah will be in school fortnightly on a Tuesday lunch time.

**Venue:** Meeting Room 2

**Times:**

Year 7, 9 and 11: 1.00pm-1.30pm

Years 8 and 10: 1.30pm-2.00pm

**Dates:**

**(Spring Term 1)**

- Tuesday 13th January 2026.
- **Tuesday 27th January 2026**
- Tuesday 10th February 2026



Head of School: Mr P Dougherty  
London Road  
Pakefield  
Lowestoft, NR33 7AQ  
Tel: 01502 530750  
Email: [info@pakefield.org.uk](mailto:info@pakefield.org.uk)  
Online: [www.pakefield.org.uk](http://www.pakefield.org.uk)  
Follow us on Facebook: @PakefieldSchool

  
**CLARION CORVUS**  
TRUST

Part of Clarion Corvus Trust  
Registered Office: Kittens Lane, Loddon, NR14 6JU  
Registered Number: 8347874



## The Health and Care Academy App

The app brings together clear, up-to-date information about local opportunities across Norfolk and Waveney, including:

- Apprenticeships, work experience opportunities, career pathways into health and social care, and resources from local health and social care organisations.

**The Health and Care Academy App**

Download the "HealthZone UK" App and search "N&W Health and Care Academy"

**Now Live!!!**

**How to Download the Health & Care Academy App**

Search for "HealthZone UK" on the App Store / Google Play Store

Once downloaded, search and select "N&W Health and Care Academy"

Or scan the QR Code

You will need to complete a short registration form, then you can access all of the latest health and social care information for Norfolk & Waveney

For more information, contact [healthandcareacademy@jpaget.nhs.uk](mailto:healthandcareacademy@jpaget.nhs.uk)

## Weekly 100% Attendance Rewards



Every Monday, one student from each year group with 100% attendance in the previous week will be randomly selected to receive a £5 Amazon voucher.



Every Friday, two students from each year group with 100% attendance for the entire week will also be randomly selected to receive a golden ticket, and a jump the queue pass for themselves and a friend. This pass also entitles the winner to a complimentary meal deal.



## School Events

Week Beginning	Mon	Tue	Wed	Thu	Fri
<b>09/02/2026</b>	SEND Parent Evening - Online	Year 11 GCSE Food Exam	Year 11 GCSE Food Exam	Year 11 GCSE Food Exam Year 9 Options Deadline	Year 11 GCSE Food Exam <b>Last Day of Term – Normal finish time</b>
<b>23/02/2026</b>	Year 11 Mocks	Year 11 Mocks	Year 11 Mocks	Year 11 Mocks	Year 11 Mocks
<b>02/03/2026</b>	Year 11 Mocks	Year 11 Mocks	Year 11 Mocks	Year 11 Mocks	Year 11 Mocks
<b>09/03/2026</b>					
<b>16/03/2026</b>					Year 10 Careers Fair - L6FC
<b>23/03/2026</b>				Year 11 - Parents Evening Year 11 - Mock Results	

Warm regards,  
Mr P Dougherty  
Head of School