



Dear Parents and Carers,

This week, we have been celebrating British Science Week with various events happening around the school. It has been wonderful to see the fascinating Raku experiments, along with the amazing demonstrations delivered in assemblies by our brilliant science team plus the lunch time activities for all students to take part in.

Thank you for the continued effort you put into ensuring your child attends school every day. I know it isn't always easy to have them ready and on time, and I want to express my appreciation for the important part you play in this. As mentioned last week, we are celebrating attendance with two sets of vouchers being awarded—meaning four winners per year group will receive a Free Main Meal and Skip the Queue voucher. In addition, on Monday we will be awarding two £5 Amazon vouchers per year group.

This week has also seen important steps in our exam preparation, with the Art Mocks taking place on Monday and the French Speaking assessments on Thursday. It was inspiring to witness the hard work and determination our students brought to these moments.

As you will be aware, our planned fire drill took place yesterday. Students conducted themselves with great maturity, ensuring a calm and safe evacuation. Next week, we will be carrying out our scheduled practice of the school's lockdown procedures.

Wishing you all a wonderful weekend.

Every Day Counts: Supporting Your Child's Attendance

We wanted to take a moment to remind you of the vital importance of regular school attendance. Research consistently shows that good attendance is one of the strongest predictors of academic success and future opportunities for young people.

Why attendance matters

When students attend school regularly, they:

- Keep up with their learning and don't fall behind their peers
- Build strong relationships with teachers and classmates
- Develop important life skills like punctuality and commitment
- Have better chances of achieving their full potential in exams and beyond



What good attendance looks like

We expect all students to maintain above 95% attendance. This means missing no more than approximately 7-8 days across the entire school year. Even absences that seem small can add up quickly and impact your child's learning.

How you can help

- **Ensure your child attends every day** unless they are genuinely too ill to do so
- **Arrange medical and dental appointments** outside of school hours wherever possible
- **Contact the school on the first day** of any absence before 9am to explain the reason
- **Talk to us early** if your child is finding it difficult to attend school – we're here to support you

When to keep your child at home

Your child should only miss school if they are genuinely too unwell to attend. Minor colds, headaches or feeling 'a bit under the weather' are not usually reasons to stay home. If you're unsure, please send them in and we can contact you if needed.

Need support?

If your family is experiencing difficulties with attendance, please don't hesitate to contact us. We can work together to identify any barriers and put support in place to help your child return to regular attendance. Thank you for your continued support in ensuring your child makes the most of their education.

Weekly 100% Attendance Rewards



Every Monday, one student from each year group with 100% attendance in the previous week will be randomly selected to receive a £5 Amazon voucher.



Every Friday, two students from each year group with 100% attendance for the entire week will also be randomly selected to receive a golden ticket, and a jump the queue pass for themselves and a friend. This pass also entitles the winner to a complimentary meal deal.



Student of the Week

CONGRATULATIONS!
**KS4 PRE
STUDENT OF THE WEEK**



SASHA

Sasha has been nominated for student of the week for her consistently positive attitude to learning in class and her dedication to improvement.

Community student of the week

Pakefield Community Spotlight

Anika

This week Anika in Year 8 is sharing her experiences of club swimming. You can see her featured in the photo alongside her coach, Mickey. She hopes to improve her swimming in the coming year, particularly in her strongest stroke: butterfly.

Anika's story:
Hi, my name is Anika. I have been doing competitive swimming for 34 months now and I have won a few rewards doing competitions where I have placed 1st-4th in all of my races.
I started competitive swimming as I have always had a passion for swimming and I have swum for a few clubs; I currently swim for the Halesworth Dolphins.
My goal is to place in the top 3 in my upcoming July competitions!





Year 7&8 Netball

Our final match of the season was on Tuesday against St Felix. It was a tough match with both teams moving the ball around the court quickly and with precision. It was lovely to see some of our players really developing their footwork and decision making.

The player of the match for the Pink team was Ellie H and for the Blue team it was Molly. Our top scorer was Emily.

Well done to all the girls for being so dedicated this season; in our final two training sessions on the coming Tuesdays we will be doing a shooting workshop and finishing with an in house game on the final Tuesday of team that will finish at the slightly later time of 4pm.



Local Netball

It would be great to see some of our girls joining local clubs and training outside school. Some of our students have recently joined Beccles Netball Club, who are happy to take on more players for their Thursday evening sessions which are for Year 8s and under. They can be found online & in social media sites for further details.



Extra Curricular Clubs February - March 2026

MONDAY	MONDAY	TUESDAY	WEDNESDAY
Mr Bligh Y10 Further Maths Mr Clarke Richard Allington Retro Games Club (Week 1 only) Miss Barrow Year 11 English Revision Miss Dack Year 11 English Revision Miss Dunnell Year 11 Biology Revision Mrs Fitzgerald Year 11 English Revision Ms Grice Pride Mrs Isgrove Year 11 English Revision	Miss M McHugh Year 11 English Revision Mr Rowe Fantasy Premier League Miss Saunders Year 11 Geography Mrs Trigg Science Ambassadors Mrs Warren KS4 Art Intervention Ms Marshall Year 11 Food Intervention Mr Tate Year 11 History	Mrs McHugh Mrs Hastings KS3 Photoshop Club Mr Hill Retro Games (Week 2) Miss Harvey SEND Homework Club Miss Shank KS3 Netball Miss Simons Drama/Showcase Mrs Tuttle Colouring Club Mr Wilson Origami Mr Agyapong Young Interpreter Scheme Mr Bligh Y11 Maths Booster Mr Dowson Darts Mr Gibbons Gym Club	Miss Barrow KS3 Homework Club LRC Miss Bethell Miss Dunell Dance Club Mr Bligh Y11 Maths Booster Mr Bond Dungeons and Dragons Miss Dack Creative Writing Miss Eagle Mr Gurney KS3 Science: Support /SENECA Mrs Fitzgerald KS3 Bedrock Club LRC

info@pakefield.org.uk
 www.pakefield.org.uk

Extra Curricular Clubs February - March 2026

WEDNESDAY	WEDNESDAY	THURSDAY	FRIDAY
Ms Grice Miss Saunders D of E (Enrolled students only) Mrs Isgrove Mindful Colouring Club Miss M McHugh KS3 English Homework Club LRC Mr Osbourne KS3 Art Club Board Games Miss Harvey KS3 LEXIA	Miss Shank Week 1 - Cheer leading Week 2 - Trampoline Mrs Irving-Spink Week 2 - Fitness (Fitness Suite)	Mr Herbert KS4 Badminton (Before School) Mrs Trigg Y11 Triple Science Biology Revision	Dr Bernthal Latin Club Mr Bligh Further Maths Mr Clarke Y11 GCSE Maths Revision (Invite Only) Mrs Trigg Dr Who Mrs Warren KS4 Art Intervention Mr Wilson Piano Practice (Invite Only)

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Houses of Parliament Trip

The East Suffolk Youth Council representatives for Pakefield High School were invited by Lowestoft MP Jessica Asato as well as other East Suffolk MPs to visit the Houses of Parliament on Friday 6th March 2026. The visit included a tour of the historic Houses of Parliament as well as time with local MPs to discuss local topics in a parliamentary committee room.

Alfred Trigg (Year 7) and Phoebe Howard (Year 9)





The Library

Our library was full of creativity this week during Crafty Tuesday, as students enjoyed making Mother's Day cards. 🌸 📧

It was lovely to see so many students taking part and creating thoughtful cards for someone special.

Thank you to everyone who joined us and helped make it such a fun and busy lunchtime activity.





LIBRARY

	Break	Lunch
M	Wk1 OPEN	OPEN
	Wk2 OPEN	OPEN
T	Wk1 OPEN	OPEN
	Wk2 OPEN	OPEN
W	Wk1 OPEN	OPEN
	Wk2 OPEN	OPEN
T	Wk1 CLOSED	CLOSED
	Wk2 CLOSED	CLOSED
F	CLOSED	CLOSED

Library Clubs
Mon Games Club
Tue Crafty Tuesday
Wed Chess Club
Curious to know more? Check out our clubs posters or ask in the Library.

You can come to borrow and return books whenever the Library is open.

Library Information

Library & Clubs Update

- You can borrow and return books anytime the library is open.
- Books can also be returned in the Returns box outside the library.
- If you borrowed any books before the summer, please return them as soon as possible.

Computer Access
Computers are available every lunchtime the library is open for homework/schoolwork only.

- You must sign up at break if you want to use a computer at lunch.

Library Clubs
Library clubs run every week!
Important: You must sign up at break before lunch on the day of the club.

- No sign-up = No club!

Reading for Pleasure

READING FOR PLEASURE PRIZE DRAW

Win prizes just for reading!

How to Take Part:

- 1 Finish a book of your choice
- 2 Fill in a **PHS Recommends Card**
- 3 Hand it to Miss Cheale & get a stamp on your bookmark.
- 4 Collect stamps → enter the **fortnightly prize draw**

✦ **Read. Recommend. Reward.**

Your next book could be your favourite — or prize-winning!

READING FOR PLEASURE PRIZE DRAW

Win prizes just for reading!

BORROW a book TODAY

Reading=Rewards
Any book. Any Genre.
Your next read could win!

HOW IT WORKS

- **READ**
Finish a book of your choice (Any book counts)
- **RECOMMEND**
Fill in a PHS Recommends card
- **COLLECT STAMPS**
Hand it to Miss Cheale in the library
- **MISS CHEALE** will give you a stamp on your Reading for Pleasure Bookmark.

PRIZES
Not a confident Reader? That's okay!
Start with a short book
Read for just 10 minutes at a time
Get help choosing a book
Reading gets easier the more you practice.

Enter & WIN!

A winner is chosen every two weeks!

READ. RECOMMEND. REWARD.



School Nurse

New School Nurse: Rebekah Felgate

Changes: Rebekah will be in school fortnightly on a Tuesday lunch time.

Venue: Meeting Room 2

Times:

Year 7, 9 and 11: 1.00pm-1.30pm

Years 8 and 10: 1.30pm-2.00pm

Dates:

(Spring Term 2)

- Tuesday 3rd March 2026
- Tuesday 17th March 2026



Fifth Pakefield Science fair

- Competition – Science fair prizes to be won....
Vouchers and cool science stuff.
- Speak to your science teachers for more information.
- Final entry due Monday 13th April.
- TROPHY !!!





STUDY GAME DESIGN

NEW FOR 2026

0800 854 695
www.eastcoast.ac.uk



New
Course
at East
Coast
College
for 2026

GAME DESIGN Level 3

The Game Design course is designed for students who want to shape the look, feel, and creative direction of games. This programme blends artistic skill with core game design thinking, helping learners understand how visuals support gameplay, storytelling, and player experience.

Location
Lowestoft
Campus

Duration
2 Years

FT/PT
Full Time

Modules you will study:

- 1) Unit 1 Diagnostic Investigation in Art and Design
- 2) Unit 2 Specialist Practice in Art and Design

Why study with us?

- You will have access to a dedicated Apple Mac room with the latest Adobe software.
- You will be taught by skilled and industry professional staff.
- We have regular visits from local companies, guest speakers and alumni covering a range of topics, including sustainability and industry experiences.

APPLY TODAY
www.eastcoast.ac.uk/apply

2026/27

HEALTH & SOCIAL CARE CAREERS DISCOVERY EVENT

HEALTH & CARE ACADEMY

Meet experts from health and social care professions to learn about career and pathway options.

Book Here!

**BURRAGE CENTRE
JAMES PAGET HOSPITAL
25 APRIL 2026
10:30AM - 12:30PM**

HEALTH & SOCIAL CARE CAREERS DISCOVERY EVENT

Book Here

HEALTH & CARE ACADEMY

**18 APRIL 2026, 10:30 - 12:30
UNIVERSITY OF EAST ANGLIA
NORWICH**

**23 APRIL 2026, 17:00 - 19:00
QUEEN ELIZABETH HOSPITAL
KING'S LYNN**

**25 APRIL 2026, 10:30 - 12:30
BURRAGE CENTRE, JAMES
PAGET HOSPITAL, GORLESTON**

Parents/carers and students are welcome to attend and meet Health & Social care professionals to hear about a variety of career pathways, real-life experiences of working in the Health & Social Care sector, and learn about early career opportunities such as Apprenticeships and Work Experience.

Careers present at the events will include Allied Health Professions, Pharmacy, Nursing, and Healthcare Science.

Health and Social Care Careers Discovery Event.

Saturday the 25th April at James Paget Hospital (10.30am-12.30pm)

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Year 9 and 10: Festival of the Mind Workshop (18th March)

Featuring Steve Gaskin, renowned for his expertise in criminal psychology, law enforcement and events that surround forensic science. Steve is a former Detective Chief Inspector in the Metropolitan Police, New Scotland Yard, and his knowledge and expertise in this field is unparalleled.

This opportunity will enable students to explore the world of DNA fingerprinting and learn about groundbreaking new techniques in forensic science and crime scene analysis with Dr Mandy Hartley.

Students will also have the chance to experience Virtual Reality scenarios in East Norfolk Sixth Forms amazing new immersive room.

EN EAST NORFOLK
Sixth Form College

18th & 19th March 2026

Festival of the Mind

An immersive experience focused on Psychology and Criminology
Don't miss this - Limited places available

What's going on:

- ✓ Steve Gaskin - Scotland Yard Rookie Fingerprint experience
- ✓ DNA extraction immersive workshop
- ✓ VR & Immersive experience
- ✓ Criminology & Psychology experience

This will be a really fantastic opportunity for students to explore the worlds of **psychology, criminology, and forensics**.

This workshop was extremely popular last year and there was a long waiting list for places. If you are interested, **please speak to Mrs Moore**.

You must have an interest in studying psychology, criminology, or forensic science at college, or be considering a career linked to these subjects.

Year 9/10 – Engineering Careers Experience

We have arranged an exciting engineering careers experience as part of an initiative called 'Casting My Future'.

- **Online Engineering Careers session:** A 45 minute online Engineering session, which also includes an innovative Virtual Reality Factory Tour Experience showcasing local employers and career pathways, followed by a Q&A session to track session learning.
- **Factory Visits:** this can then be followed up with in person factory visit to local Cast Metal Engineering companies organised by Next Gen Makers.



Please see Mrs Moore if you are interested.



APPLICATIONS ARE NOW OPEN FOR
JUNIOR BAKE OFF

Aged between 9-15 and love to bake?
We'd love to hear from you!

WWW.APPLYFORJUNIORBAKEOFF.CO.UK

APPLICATIONS CLOSE 15TH MARCH 2026

Junior Bake Off

Applications for the 12th series of Junior Bake off, a Channel 4 competition series celebrating Britain's young baking talent are now open!

Filming would take place from July 2026, but our **applications close on Sunday 15th March 2026.**

For more information, please see Mrs Marshall.

Aviva Apprenticeships (Year 11)

There have been some Aviva Level 3 apprenticeships go live recently. Have a look if you are interested.

AVIVA Life at Aviva Our offer Our teams Early careers Search Search roles

Home Early careers Apprenticeships

Apprenticeships

Your future shines bright

Welcome to our apprenticeships

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Year 10 Work Experience: Primary School

Phoenix St Peter Academy have now sent us the application forms for work experience.

Students need to have an interest in a career in one of the following:

- . Health & Social
- . P.E.
- . Construction
- . Business

If you are interested, please see Mrs Moore for an application form.



Women in Maritime: Charting a Course for the Future

20 May 2026, 11am – 12pm (Online)

Set sail on an inspiring virtual journey celebrating **Women in Maritime!** This exciting session invites secondary and college students to meet incredible women shaping the future of the maritime industry - from marine engineers and naval architects to ship captains and sustainability specialists.

Discover how these trailblazers are breaking waves and barriers, proving that the ocean has no limits when it comes to ambition and opportunity. Whether you're passionate about science, technology, the environment, or global trade, the maritime world has a place for you. Get ready to be inspired, challenge stereotypes, and explore the possibilities of a career on - and beyond - the water!



Please see Mrs Moore if you would like to sign up.



Year 10 Work Experience Information

East Suffolk Council Work Experience Opportunity

We're excited to announce that East Suffolk Council is offering work experience placements at their Riverside office in Lowestoft for the final week of the Summer term.

Last year, three of our students completed their placements there and had a fantastic experience! This week-long event provides a unique opportunity for students to explore the wide range of work carried out by East Suffolk Council. Unlike traditional work experience, this program offers a chance to develop essential workplace skills, such as professional conduct and communication. Students will also participate in a series of interactive sessions with different teams, giving them insight into potential career paths and the opportunity to learn from experienced professionals.

If you're interested in applying for this valuable experience, please speak to Mrs Moore for more details and to collect an application form.

James Paget University Hospital

Unfortunately, the work experience placement dates at the James Paget Hospital do not align with ours, so it won't be an option this summer. However, if you're still looking for a healthcare-related placement or need help finding an alternative, please feel free to book an appointment with Mrs Bray (Careers Advisor). She will be happy to assist you with exploring other opportunities.



Request for Uniform Donations

We are reaching out to ask for your support with our school uniform provision at Pakefield High School. We want to ensure that all our students have access to the correct uniform options when in school. By collecting pre-loved uniform items, we can help families who may be finding uniform costs challenging or who needs a temporary loan of some uniform

How to donate

Please send any donations into school with your child, who can hand them to their Year Lead. Alternatively, you can drop items off at the Main School Office.



Free School Meals – Check Your Eligibility

If you think your child may be eligible for free school meals, you can apply online and receive an immediate response and confirmation email.

Children who have received free school meals since 1 April 2018 will continue to receive them until the end of the 2025/2026 school year, regardless of changes in income.

Use this link to check and [Apply for free school meals](#)

If your child is eligible for free school meals, they'll also qualify for the Holiday Activity and Food Programme. [More information from Suffolk County Council is available here](#)

School Events

Week Beginning	Mon	Tue	Wed	Thu	Fri
16/03/2026					Year 10 Careers Fair - L6FC
23/03/2026				Year 11 - Parents Evening Year 11 - Mock Results	Last day of term school finishes normal time of 3pm
13/04/2026	Staff PD Day	All students return to school at 08.25am		Year 11 GCSE Art Exam – All day	Year 11 GCSE Art Exam – All day
20/04/2026	Year 10 Exams	Year 10 Exams	Year 10 Exams Breast Cancer Awareness Workshops - Year 9	Year 10 Exams	Year 10 Exams
27/04/2026	Year 10 Exams	Year 10 Exams	Year 10 Exams	Year 10 Exams	Year 10 Exams

Warm regards,
Mr P Dougherty
Head of School



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