



Friday 20th January 2026

Dear Parents and Carers,

It's been a busy and exciting week in school, with plenty of valuable opportunities for our students. We were delighted to welcome Jess Asato, MP for Lowestoft, who visited alongside representatives from YouTube to speak with our Year 9 students about what it means to be an Internet Citizen. The session encouraged thoughtful discussion about staying safe online and using digital platforms responsibly.

Our Year 10 students also ventured out to Lowestoft Sixth Form College for a Careers Fair, giving them the chance to explore future pathways and speak directly with a wide range of providers. It was fantastic to see them engaging so positively with their next steps.

In addition, we were pleased to host one of our Trustees, David Jessup, who spent time reviewing our Personal Development provision and speaking with staff and students.

Looking ahead to next week, a reminder that the Year 11 Parents' Evening will take place on Thursday. Year 7 and Year 11 reports will also be sent home on Thursday.

Wishing you all a relaxing and enjoyable weekend.



Weekly 100% Attendance Rewards



Every Monday, one student from each year group with 100% attendance in the previous week will be randomly selected to receive a £5 Amazon voucher.



Every Friday, two students from each year group with 100% attendance for the entire week will also be randomly selected to receive a golden ticket, and a jump the queue pass for themselves and a friend. This pass also entitles the winner to a complimentary meal deal.

Every Day Counts: Supporting Your Child's Attendance

We wanted to take a moment to remind you of the vital importance of regular school attendance. Research consistently shows that good attendance is one of the strongest predictors of academic success and future opportunities for young people.

Why attendance matters

When students attend school regularly, they:

- Keep up with their learning and don't fall behind their peers
- Build strong relationships with teachers and classmates
- Develop important life skills like punctuality and commitment
- Have better chances of achieving their full potential in exams and beyond

What good attendance looks like

We expect all students to maintain above 95% attendance. This means missing no more than approximately 7-8 days across the entire school year. Even absences that seem small can add up quickly and impact your child's learning.

How you can help

- **Ensure your child attends every day** unless they are genuinely too ill to do so



- **Arrange medical and dental appointments** outside of school hours wherever possible
- **Contact the school on the first day** of any absence before 9am to explain the reason
- **Talk to us early** if your child is finding it difficult to attend school – we're here to support you

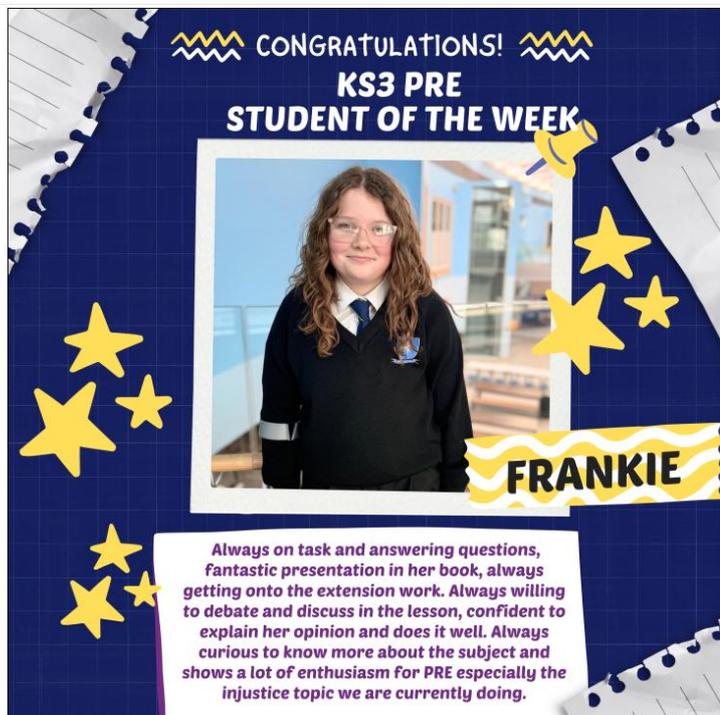
When to keep your child at home

Your child should only miss school if they are genuinely too unwell to attend. Minor colds, headaches or feeling 'a bit under the weather' are not usually reasons to stay home. If you're unsure, please send them in and we can contact you if needed.

Need support?

If your family is experiencing difficulties with attendance, please don't hesitate to contact us. We can work together to identify any barriers and put support in place to help your child return to regular attendance. Thank you for your continued support in ensuring your child makes the most of their education.

Student of the Week





Student of the Week

CONGRATULATIONS!

**KS3 GEOGRAPHY
STUDENT OF THE WEEK**



ASTIN

For consistently participating well in every lesson. Astin always gives the very best in every lesson allowing him to make connections between what is taught in the lesson and real-world examples. Well done, Astin

CONGRATULATIONS!

**KS4 GEOGRAPHY
STUDENT OF THE WEEK**



PAIGE

For consistent high levels of effort and engagement in her geography lessons. Paige is going above and beyond to ensure she is as prepared as she can be for her upcoming exams. The hard work is paying off keep it up Paige.



Community student of the week

Pakefield Community Spotlight

Gracie

Gracie is a huge part of most of our school clubs and teams down in the PE department and this week she tells us about her main sport outside school: gymnastics.

Gracie's story:

Hi my name is Gracie and I am a Suffolk Grades gymnast at Waveney Gymnastics Club. I have won many medals and trophies, such as Rising Stars.

I started doing gymnastics for fun when I was 8 but then it became a passion and I started to do it competitively. My favourite apparatus is bars and my least favourite is beam. My current goal is to do a backwards walkover on the beam.



Extra Curricular Clubs February - March 2026

MONDAY	MONDAY	TUESDAY	WEDNESDAY
Mr Bligh Y10 Further Maths Mr Clarke Richard Allington Retro Games Club (Week 1 only) Miss Barrow Year 11 English Revision Miss Dack Year 11 English Revision Miss Dunnell Year 11 Biology Revision Mrs Fitzgerald Year 11 English Revision Ms Grice Pride Mrs Isgrove Year 11 English Revision	Miss M McHugh Year 11 English Revision Mr Rowe Fantasy Premier League Miss Saunders Year 11 Geography Mrs Trigg Science Ambassadors Mr Warren KS4 Art Intervention Ms Marshall Year 11 Food Intervention Mr Tate Year 11 History	Mrs McHugh Mrs Hastings KS3 Photoshop Club Mr Hill Retro Games (Week 2) Miss Harvey SEND Homework Club Miss Shank KS3 Netball Miss Simons Drama/Showcase Mrs Tuttle Colouring Club Mr Wilson Origami Mr Agyapong Young Interpreter Scheme Mr Bligh Y11 Maths Booster Mr Dowson Darts Mr Gibbons Gym Club	Miss Barrow KS3 Homework Club LRC Miss Bethell Miss Dunell Dance Club Mr Bligh Y11 Maths Booster Mr Bond Dungeons and Dragons Miss Dack Creative Writing Miss Eagle Mr Gurney KS3 Science Support /SENECA Mrs Fitzgerald KS3 Bedrock Club LRC

info@pakefield.org.uk
www.pakefield.org.uk



Extra Curricular Clubs February - March 2026

WEDNESDAY	WEDNESDAY	THURSDAY	FRIDAY
Ms Grice Miss Saunders D of E (Enrolled students only)	Miss Shank Week 1 - Cheer leading Week 2 - Trampolining	Mr Herbert KS4 Badminton (Before School)	Dr Bernthal Latin Club
Mrs Isgrove Mindful Colouring Club	Mrs Irving-Spink Week 2 - Fitness (Fitness Suite)	Mrs Trigg Y11 Triple Science Biology Revision	Mr Bligh Further Maths
Miss M McHugh KS3 English Homework Club LRC			Mr Clarke Y11 GCSE Maths Revision (Invite Only)
Mr Osbourne KS3 Art Club Board Games			Mrs Trigg Dr Who
Miss Harvey KS3 LEXIA			Mrs Warren KS4 Art Intervention
			Mr Wilson Piano Practice (Invite Only)

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The Library

LIBRARY

	Break	Lunch
M	Wk1 OPEN Wk2 OPEN	OPEN OPEN
T	Wk1 OPEN Wk2 OPEN	OPEN OPEN
W	Wk1 OPEN Wk2 OPEN	OPEN OPEN
T	Wk1 CLOSED Wk2 CLOSED	CLOSED CLOSED
F	CLOSED	

Library Clubs

Mon Games Club
 Tue Crafty Tuesday
 Wed Chess Club
 Curious to know more? Check out our clubs posters or ask in the Library.

You can come to borrow and return books whenever the Library is open.

Library Information

Library & Clubs Update

- You can borrow and return books anytime the library is open.
- Books can also be returned in the Returns box outside the library.
- If you borrowed any books before the summer, please return them as soon as possible.

Computer Access

Computers are available every lunchtime the library is open for homework/schoolwork only.

- You must sign up at break if you want to use a computer at lunch.

Library Clubs

Library clubs run every week!

Important: You must sign up at break before lunch on the day of the club.

- No sign-up = No club!

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 London Road
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 Lowestoft, NR33 7AQ
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 Follow us on Facebook: @PakefieldSchool



Part of Clarion Corvus Trust
 Registered Office: Kittens Lane, Loddon, NR14 6JU
 Registered Number: 8347874



Reading for Pleasure

READING FOR PLEASURE PRIZE DRAW

Win prizes just for reading!

How to Take Part:

- 1 Finish a book of your choice
- 2 Fill in a **PHS Recommends Card**
- 3 Hand it to Miss Cheale & get a stamp on your bookmark.
- 4 Collect stamps → enter the **fortnightly prize draw**

✨ **Read. Recommend. Reward.**

Your next book could be your favourite — or prize-winning!



Fifth Pakefield Science fair

- Competition – Science fair prizes to be won... Vouchers and cool science stuff.
- Speak to your science teachers for more information.
- Final entry due Monday 13th April.
- TROPHY !!!





This information was only received on Friday, but if you're interested the deadline to sign up is today. (Monday 16th)



Year 10/11

You're invited
to our Sixth Form
Taster Day

Schedule for the day:

Arrive by 9am at City College Norwich
Main Reception.

- 9.15am – Welcome
- 9.25am – Introduction to A Levels
- 9.30am – 10.10am – Session 1
- 10.20am – 11am – Session 2
- 11.10am - 11.50am – Session 3
- 12pm – 12.40pm – Session 4

Sixth Form Taster Day, happening next **Saturday 21st March, from 9am-1pm.**

Our Taster Day is open to Year 11 students still considering their options for this September, as well as Year 10s who want to get ahead for the following year.

**STUDY
GAME DESIGN**

NEW FOR 2026

0800 854 695
www.eastcoast.ac.uk



New
Course
at East
Coast
College
for 2026

**GAME DESIGN
Level 3**

The Game Design course is designed for students who want to shape the look, feel and creative direction of games. This programme blends artistic skill with core game design thinking, helping learners understand how visuals support gameplay, storytelling, and player experience.

Location
Lowestoft
Campus

Duration
2 Years

FT/PT
Full Time

Modules you will study:

- 1) Unit 1 Diagnostic Investigation in Art and Design
- 2) Unit 2 Specialist Practice in Art and Design

Why study with us?

- You will have access to a dedicated Apple Mac room with the latest Adobe software.
- You will be taught by skilled and industry professional staff.
- We have regular visits from local companies, guest speakers and alumni covering a range of topics, including sustainability and industry experiences.

APPLY TODAY
www.eastcoast.ac.uk/apply

2026/27

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Health and Social Care Careers Discovery Event.

Saturday the 25th April at James Paget Hospital (10.30am-12.30pm)

HEALTH & SOCIAL CARE CAREERS DISCOVERY EVENT

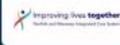
HEALTH & CARE ACADEMY

Meet experts from health and social care professions to learn about career and pathway options.

Book Here!



**BURRAGE CENTRE
JAMES PAGET HOSPITAL
25 APRIL 2026
10:30AM - 12:30PM**



HEALTH & SOCIAL CARE CAREERS DISCOVERY EVENT

Book Here



HEALTH & CARE ACADEMY

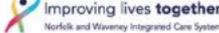
**18 APRIL 2026, 10:30 - 12:30
UNIVERSITY OF EAST ANGLIA
NORWICH**

**23 APRIL 2026, 17:00 - 19:00
QUEEN ELIZABETH HOSPITAL
KING'S LYNN**

**25 APRIL 2026, 10:30 - 12:30
BURRAGE CENTRE, JAMES
PAGET HOSPITAL, GORLESTON**

Parents/carers and students are welcome to attend and meet Health & Social care professionals to hear about a variety of career pathways, real-life experiences of working in the Health & Social Care sector, and learn about early career opportunities such as Apprenticeships and Work Experience.

Careers present at the events will include Allied Health Professions, Pharmacy, Nursing, and Healthcare Science.



STUDY APPLIED MEDICAL SCIENCE



NEW FOR 2026

0800 854 695
www.eastcoast.ac.uk



Students study a combination of Level 3 AAQs in Medical Science, Applied Science and Health Care, alongside the Extended Project Qualification (EPQ). This blend provides a strong scientific foundation, advanced laboratory skills, and the opportunity to undertake a substantial research project aligned with medical and scientific themes.

Why study with us?

- Programme led and taught by an NHS doctor
- Purpose-built STEM laboratories with advanced equipment
- Clinically informed teaching and real-world case studies
- Strong academic and practical preparation for medical and healthcare degrees
- Extensive enrichment including seminars, research clubs and NHS engagement
- Excellent progression routes into university and higher apprenticeships
- Enrichment includes medical ethics forums, science Olympiads, CREST awards and personal statement support
- Students receive guidance for UCAT preparation and medical interview techniques

<p>Entry Requirements</p> <p>At least 5 GCSEs at grades 9 to 5 in one sitting including: Maths, Science & English</p> <p>An average GCSE score of 5.5 or more overall is preferred.</p>	<p>Level 3 - Full-Time - 2 Years</p> <p>Great Yarmouth Campus</p> <p>Want to find out more? visit: www.eastcoast.ac.uk</p>
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Year 9/10 – Engineering Careers Experience

We have arranged an exciting engineering careers experience as part of an initiative called 'Casting My Future'.

- **Online Engineering Careers session:** A 45 minute online Engineering session, which also includes an innovative Virtual Reality Factory Tour Experience showcasing local employers and career pathways, followed by a Q&A session to track session learning.
- **Factory Visits:** this can then be followed up with in person factory visit to local Cast Metal Engineering companies organised by Next Gen Makers.



Please see Mrs Moore if you are interested.

Aviva Apprenticeships (Year 11)

There have been some Aviva Level 3 apprenticeships go live recently. Have a look if you are interested.

AVIVA Life at Aviva ▾ Our offer ▾ Our teams ▾ Early careers ▾ Search 🔍 Search roles

Home > Early careers > Apprenticeships

Apprenticeships
Your future shines bright
Welcome to our apprenticeships



Year 10 Work Experience: Primary School

Phoenix St Peter Academy have now sent us the application forms for work experience.

Students need to have an interest in a career in one of the following:

- . Health & Social
- . P.E.
- . Construction
- . Business

If you are interested, please see Mrs Moore for an application form.



Women in Maritime: Charting a Course for the Future

20 May 2026, 11am – 12pm (Online)

Set sail on an inspiring virtual journey celebrating **Women in Maritime!** This exciting session invites secondary and college students to meet incredible women shaping the future of the maritime industry - from marine engineers and naval architects to ship captains and sustainability specialists.

Discover how these trailblazers are breaking waves and barriers, proving that the ocean has no limits when it comes to ambition and opportunity. Whether you're passionate about science, technology, the environment, or global trade, the maritime world has a place for you. Get ready to be inspired, challenge stereotypes, and explore the possibilities of a career on - and beyond - the water!



Please see Mrs Moore if you would like to sign up.



Year 10 Work Experience Information

East Suffolk Council Work Experience Opportunity

We're excited to announce that East Suffolk Council is offering work experience placements at their Riverside office in Lowestoft for the final week of the Summer term.

Last year, three of our students completed their placements there and had a fantastic experience!

This week-long event provides a unique opportunity for students to explore the wide range of work carried out by East Suffolk Council. Unlike traditional work experience, this program offers a chance to develop essential workplace skills, such as professional conduct and communication. Students will also participate in a series of interactive sessions with different teams, giving them insight into potential career paths and the opportunity to learn from experienced professionals.

If you're interested in applying for this valuable experience, please speak to Mrs Moore for more details and to collect an application form.

James Paget University Hospital

Unfortunately, the work experience placement dates at the James Paget Hospital do not align with ours, so it won't be an option this summer. However, if you're still looking for a healthcare-related placement or need help finding an alternative, please feel free to book an appointment with Mrs Bray (Careers Advisor). She will be happy to assist you with exploring other opportunities.



**James Paget
University Hospitals**
NHS Foundation Trust

Free School Meals – Check Your Eligibility

If you think your child may be eligible for free school meals, you can apply online and receive an immediate response and confirmation email.

Children who have received free school meals since 1 April 2018 will continue to receive them until the end of the 2025/2026 school year, regardless of changes in income.

Use this link to check and [Apply for free school meals](#)

If your child is eligible for free school meals, they'll also qualify for the Holiday Activity and Food Programme. [More information from Suffolk County Council is available here](#)

Request for Uniform Donations

We are reaching out to ask for your support with our school uniform provision at Pakefield High School.

We want to ensure that all our students have access to the correct uniform options when in school. By collecting pre-loved uniform items, we can help families who may be finding uniform costs challenging or who needs a temporary loan of some uniform

How to donate

Please send any donations into school with your child, who can hand them to their Year Lead. Alternatively, you can drop items off at the Main School Office.



School Events

Week Beginning	Mon	Tue	Wed	Thu	Fri
23/03/2026				Year 11 - Parents Evening Year 11 - Mock Results	Last day of term school finishes normal time of 3pm
13/04/2026	Staff PD Day	All students return to school at 08.25am		Year 11 GCSE Art Exam – All day	Year 11 GCSE Art Exam – All day
20/04/2026	Year 10 Exams	Year 10 Exams	Year 10 Exams Breast Cancer Awareness Workshops - Year 9	Year 10 Exams	Year 10 Exams
27/04/2026	Year 10 Exams	Year 10 Exams	Year 10 Exams	Year 10 Exams	Year 10 Exams
04/05/2026	BANK HOLIDAY SCHOOL CLOSED	Year 11 GCSE French Speaking Exam	Year 11 GCSE French Speaking Exam		GCSE Sports Studies Exam
11/05/2026	GCSE EXAMS	GCSE EXAMS	GCSE EXAMS	GCSE EXAMS Year 8 Parents Evening	GCSE EXAMS
18/05/2026	GCSE EXAMS	GCSE EXAMS	GCSE EXAMS	GCSE EXAMS	GCSE EXAMS Last day of term – school finishes at normal time of 3pm

Warm regards,
Mr P Dougherty
Head of School