



Dear Parents and Carers,

As we come to the end of another busy and productive week, I would like to begin by congratulating our Year 10 students who have just completed their End of Year Exams. They have approached this assessment period with real maturity and focus, and staff have been extremely pleased with the effort, resilience and positive attitude shown throughout. Well done to all involved for the hard work they have put in.

Students in Years 7 to 9 have also been engaged in important assessment work over recent weeks, completing their GL Assessments and NGRTs. These provide us with valuable information to support teaching and learning, and it has been pleasing to see how calmly and sensibly students have approached these assessments. Their behaviour and effort have been excellent and reflect a strong commitment to their learning.

On Thursday, we were delighted to welcome visitors from the Trust who were in school to review our Personal Development provision. They were highly impressed by the breadth of opportunities available to our students and by the positive culture evident across the school. In particular, they commented on how confidently and clearly members of the Student Voice were able to articulate the wide range of activities, events and experiences they can be involved in.

As we head into the long weekend, we hope you are able to enjoy a well-earned break. I know that our Year 11 students will be spending some time revising and preparing as the exam season starts next week. We look forward to welcoming all students back to school on Tuesday morning, ready for another successful week ahead.



Monday		Tuesday		Wednesday	Thursday	Friday
Weird and Wacky History (KS3) Miss Bethell Venue: Humanities 5 Time: 3pm-3.35pm	Summer Showcase Miss Simons/Mr Wilson Venue: Performance Time: 3pm-3.35pm	Golf Mr Dowson Venue: Field Time: 3pm-3.45pm	KS4 Basketball Mr Herbert Venue: Sports Hall Time: 3.40pm-4.15pm	Dance Miss Bethell/Miss Dunnell Venue: Sports Hall Time: 3pm-3.35pm	KS4 Morning Badminton Mr Herbert Venue: Sports Hall Time: 8am-8.25am	Dr Who Mrs Trigg Venue: Science 7 Time: 3pm-4pm
Mindfulness Colouring Mrs Brewer Venue: Science 6 Time: 3pm-3.35pm	Yr 11 English Mrs Fitzgerald/Ms Barrow Venue: English 6/English 1 Time: 3pm-3.35pm	Crickets Mr Gibbons Venue: Field Time: 3pm-3.45pm	Young Interpreters Mr Agyapong Venue: MFL 1 Time: 3pm-3.35pm	D of E (Drop in) Miss Grice Venue: MFL 2 Time: 3pm-3.35pm	Yr 11 Triple Science Miss Eagle/Mrs Trigg Venue: Science 4/Science 7 Time: 3pm-4pm	Piano (Invite only) Mr Wilson Venue: Music Room Time: 3pm-3.35pm
Retro Games (Week 1) Mr Clarke Venue: Maths 1 Time: 3pm-3.35pm	Yr 11 Further Maths Mr Bligh Venue: Maths 4 Time: 3pm-3.35pm	Rounders Miss Shank Venue: Field Time: 3pm-3.45pm	Knitting Mrs Cheale/Miss Tuttle Venue: Library Time: 3pm-3.35pm	Film Club Mrs Hastings Venue: IT2 Time: 3pm-3.35pm	Yr 11 Media Mrs McHugh Venue: Media Time: 3pm-3.35pm	KS4 Art Intervention Mrs Warren Venue: Art 1 Time: 3pm-3.35pm
Chess Club Ms Dack/Mrs Cheale Venue: Library Time: 3pm-3.35pm	Yr 11 Business Mrs Miles Venue: IT1 Time: 3pm-3.35pm	Retro Games (Week 2) Mr Hill Venue: Maths 6 Time: 3pm-3.35pm	SEND Homework Miss Harvey Venue: IT2 Time: 3pm-3.35pm	Flag Football Mr Herbert Venue: Field Time: 3pm-3.45pm	Latin Club Dr Bernthal Venue: Maths 5 Time: 3pm-3.35pm	Yr 10 Further Maths Mr Bligh Venue: Maths 4 Time: 3pm-3.35pm
Pride Miss Grice Venue: MFL 2 Time: 3pm-3.35pm	11SC4/5 Science Mr Gurney Venue: Science 5 Time: 3pm-3.35pm	KS3 Photoshop Mrs McHugh/Mrs Hastings Venue: Media Time: 3pm-3.35pm		Photoshop/Photography Mrs McHugh Venue: Media Time: 3pm-3.35pm		
SFX Makeup Design Miss McHugh Venue: English 2 Time: 3pm-3.35pm	Yr 11 Geography Miss Saunders Venue: Humanities 4 Time: 3pm-3.35pm	Mindfulness Colouring Mrs Isgrove Venue: English 5 Time: 3pm-3.35pm		Art and Boardgames Mr Osborne Venue: Art 2 Time: 3pm-4pm		
CSI Science Mr Osborne Venue: Science 3 Time: 3pm-3.35pm	Yr 11 History Mr Tate Venue: Humanities 2 Time: 3pm-3.35pm	Comic Book Club Mr Gurney Venue: Science 5 Time: 3pm-3.35pm		Fantasy Premier League Mr Rowe Venue: Humanities 3 Time: 3pm-3.35pm		
Science Ambassadors Mrs Trigg Venue: Science 7 Time: 3pm-4pm	Yr 11 Science Miss Dunnell Venue: Science 2 Time: 3pm-4pm	Summer Showcase Miss Simons Venue: Performance Time: 3pm-3.35pm		Cheerleading Miss Shank Venue: Sporthall Time: 3pm-3.45pm		
Basketball (KS3/KS4) Miss Jones Venue: Sports Hall Time: 3pm-3.45pm	Yr 11 Food Mrs Marshall Venue: Food Room Time: 3pm-3.35pm	Origami Mr Wilson Venue: Music Room Time: 3pm-3.35pm		First Light Festival Miss Simons/Mr Wilson Venue: Performance Time: 3pm-3.35pm		



Weekly 100% Attendance Rewards



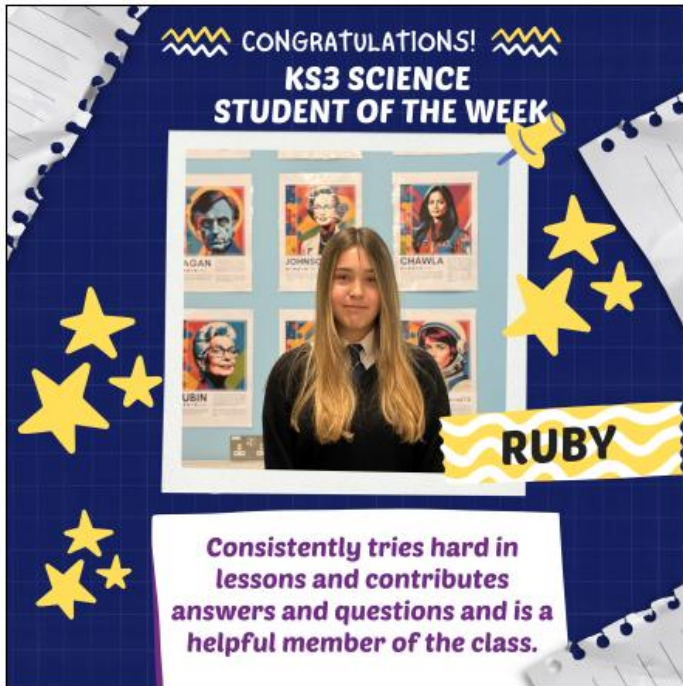
Every Monday, one student from each year group with 100% attendance in the previous week will be randomly selected to receive a £5 Amazon voucher.



Every Friday, two students from each year group with 100% attendance for the entire week will also be randomly selected to receive a golden ticket, and a jump the queue pass for themselves and a friend. This pass also entitles the winner to a complimentary meal deal.



Student of the Week



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TRUST**

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Registered Office: Kittens Lane, Loddon, NR14 6JU
Registered Number: 8347874



Community student of the week

Pakefield Community Spotlight



Alfie

This week Alfie in Year 9 has been talking to us about his experiences of motocross.

What is motocross?

Motocross (MX) is a high-octane, off-road motorcycle racing sport held on enclosed, purpose-built circuits containing jumps, steep hills, and sharp turns.

Alfie's story:

I have done motocross for 11 years. I enjoy it because my Dad has done it all his life and won world championships. I do it because it keeps me fit and keeps me from being out on the streets. It keeps my mind on something when I'm riding. I'm always practising and when I'm not training, I'm racing.



The Library

LIBRARY

	Break	Lunch
M	Wk1 OPEN	OPEN
	Wk2 OPEN	OPEN
T	Wk1 OPEN	OPEN
	Wk2 OPEN	OPEN
W	Wk1 OPEN	OPEN
	Wk2 OPEN	OPEN
T	Wk1 CLOSED	CLOSED
	Wk2 CLOSED	CLOSED
F	CLOSED	

Library Clubs

Mon Games Club
Tue Crafty Tuesday
Wed Chess Club

Curious to know more? Check out our clubs posters or ask in the Library.

You can come to borrow and return books whenever the Library is open.

Library Information

Library & Clubs Update

- *You can borrow and return books anytime the library is open.
- *Books can also be returned in the Returns box outside the library.
- *If you borrowed any books before the summer, please return them as soon as possible.

Computer Access

Computers are available every lunchtime the library is open for homework/schoolwork only.

- ➡ You must sign up at break if you want to use a computer at lunch.

Library Clubs

Library clubs run every week!

Important: You must sign up at break before lunch on the day of the club.

- ➡ No sign-up = No club!



Reading for Pleasure

READING FOR PLEASURE PRIZE DRAW

Win prizes just for reading!

How to Take Part:

- 1 Finish a book of your choice
- 2 Fill in a **PHS Recommends Card**
- 3 Hand it to Miss Cheale & get a stamp on your bookmark.
- 4 Collect stamps → enter the **fortnightly prize draw**

✦ **Read. Recommend. Reward.**

Your next book could be your favourite — or prize-winning!



YOUTH COUNCILLOR

Lowestoft Youth Council

Application Deadline: 1 June 2026

Are you aged 10-18 years old?

Do you live or attend education in Lowestoft?


Do you have ideas to help make Lowestoft better for young people?

Lowestoft Town Council is pleased to be electing to a new Youth Council for Lowestoft and is seeking applications from 10 to 18 year olds who live in or are in education in the parish of Lowestoft.

The Lowestoft Youth Council will encourage active engagement from young people in representing views and opinions of their generation with Youth Councillors being able to influence decision making on matters which make Lowestoft a better place to live and work. The Youth Councillors will be able to debate a range of issues and get involved in projects which are in line with the Lowestoft Town Council business plan.

More details are available in the Youth Council Terms of Reference which are available on the Town Council website, or email: admin@lowestofttowncouncil.gov.uk

lowestofttowncouncil.gov.uk/youth-council



Youth Councillor Lowestoft Youth Council

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Year 8/9/10 - Women in Tech Seminar 2026.

On the 7th July, East Norfolk Sixth Form College will be hosting a Women in Tech Seminar designed to inspire and inform students about careers within the technology sector. The event will feature presentations from industry-leading speakers, who will share insights into their career journeys, current roles, and the wide range of opportunities available within technology.

In addition, students will take part in an interactive carousel of cyber security activities, providing hands-on experience and the chance to develop practical skills while exploring real-world applications of technology.

This seminar aims to encourage greater participation and confidence in technology-focused pathways and to highlight the vital role women play within the tech industry.



Please see Mrs Moore if you are interested.

Aged 16-25?

Want to know what it's really like working at festivals and music events?

This year we are piloting our Event Experience strand offering 16-25 year-olds with an interest in cultural careers, the chance to support the festival team more closely with defined production roles.

Event Experience Roles on Offer:

Production Assistant
Supporting artist liaison, running of green rooms, in production office and welcoming artists.

Backstage Assistant:
Supporting stagehands with stage management, shadowing lighting and sound technicians.

Media Assistant:
Supporting the marketing and comms team with capturing the festival with photos and video.

Customer Service Assistant
Supporting the box office and information point, including selling tickets and merchandise and customer enquiries.

These are very limited roles, there are around 4 positions per role available. We are looking for those that are going to bring a lot to the festival but also gain a worthwhile experience from the festival team.

To find out more and to apply go to firstlightlowestoft.com/eventexperience or scan:



Year 11 (16+)

First Light Festival opportunities,

Visit the website for more information.

FIRST LIGHT FESTIVAL

SATURDAY 20 & SUNDAY 21 JUNE 2026

Lowestoft's FREE multi-arts festival returns to South Beach - and we need your help!

We are looking for enthusiastic volunteers to join the First Light team and help us deliver this truly unique event.



If you love festivals, are interested in being more involved in the community and want to meet new people, this is your chance!

We have a variety of roles available, including:

- Stewarding performances
- Greeting artists and visitors
- Supporting community projects
- Assisting our environmental mission
- Keeping things running smoothly

If you can give just 4 hours of your time (or more) over the festival weekend, we'd love to hear from you!

For more information and to sign up visit firstlightlowestoft.com/volunteer or scan:



EVENT EXPERIENCE

VOLUNTEER

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Half Term Opportunities (Free)

FAMILY PARK COOKING

AGES 8-14 YEARS

25th May - 29th May
Subject to availability
08:30-16:30

FREE

Parents and children take part in an amazing family day out with a wide range of activities including an outdoor cooking master class where you will cook a delicious lunch together. This Half term recipe will be perfect pizza pocket.

*Free for those eligible for free school meals or meet Suffolk Country Council eligibility criteria

abbeycroft.org.uk/HAF

COMMUNITY FUND

EXPLORE OUTDOORS

Abbeycroft
Let's Love Life

Find Out More

ADVENTURE DAYS

AGES 8-14 YEARS

25th May - 29th May
Subject to availability
08:30-16:30

FREE

Come to life in the great outdoors this May Half-term and enjoy fire lighting and cooking in the wild, archery, axe throwing and swimming, and much more.

*Free for those eligible for free school meals or meet Suffolk Country Council eligibility criteria

abbeycroft.org.uk/HAF

EXPLORE OUTDOORS

Abbeycroft
Let's Love Life

Find Out More

Family Park Cooking (Families)
Families will take part in an outdoor cooking session over a campfire. Each family participating will receive a food box with ingredients for five healthy meals to prepare at home, along with recipe cards.

Adventure Days (Ages 8-14)
A full day of activities (8:30am-4:30pm) with breakfast, lunch and snacks, including axe throwing, archery, swimming, bread making, kite making, and more.

These opportunities are available to students who receive Free school Meals. Please see Mrs Moore if you would like more information.

The Norwich Games Festival (Half Term)

The Norwich Games Festival is back! Between 23 - 30 May 2026, the Festival promises eight days of fantastic events, workshops, talks, and free interactive activities for everybody to enjoy.

Norwich Games Festival is presented by The Forum, Norwich with Lead Partner Norwich University of the Arts, and Partner Connected Innovation. Norwich Games Festival features lots of hands-on game play, including retro arcades and VR experiences, as well as industry events.

Norwich Games Festival



GAME JAM

Create and finish a game your way, while taking regular breaks and working at a sustainable pace. This no-crunch game jam aims to support physical and emotional wellbeing and encourages rest and having fun.

The **theme** will be announced on the 25th of May at 9:00AM, when the game jam starts.

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Years 8, 9, and 10: Future Opportunities (Virtual)

We have some potential opportunities for next academic year. Can you please have a look at each one and let Mrs Moore know if you would be interested in taking part in any of them.

- 1.) **Medicine/Healthcare** – Students diagnose and treat a virtual patient presenting symptoms of an infectious tropical disease, following NHS clinical protocols.
- 2.) **Medical Physics**– Students build an X-ray tube, conduct radiation safety checks, and scan a virtual patient to identify a fracture.
- 3.) **Chemistry**– Students construct a mass spectrometer and investigate an environmental leak in a virtual field laboratory.
- 4.) **Mechanical Engineering** – Students design, prototype, and test an aerofoil drone propeller according to a client's requirements in a factory setting.
- 5.) **Computer Science** – Students learn the basics of artificial intelligence, then train and perform benchmark tests on a predictive text algorithm.



Future Makers Competition



Future Makers is back for 2026 to showcase talented young musicians from across the UK. Up to 8 acts will be chosen to perform in front of a live primary school audience and a panel of industry professionals. The panel will provide constructive feedback and tips to all performers. One act will be selected to receive a tailored package of support from the Royal Albert Hall and industry partners.

Key Dates

- **Competition Entries open:** Monday 30 March 2026
 - **Competition Entries close:** Friday 1 May 2026
 - **Live audition dates:** Mon 29 or Tue 30 Jun 2026 (at the Royal Albert Hall)
 - **Final performance date:** Wednesday 4 November 2026 (Royal Albert Hall main stage). Rehearsals start at **08:00**, and all performers must be available for the full day. Any performers who are invited to attend the live auditions or the main Future Makers show, who are of compulsory school age, will need to be accompanied by a parent/guardian or enhanced DBS checked adult/teacher.
- Eligibility: Who can apply?**
- Performers must be aged **14-19 years old** on 4 November 2026.
 - **Under 16:** Must be submitted by an adult.
 - **16 or over:** Can submit themselves or be submitted by an adult.

Please see Miss Simons for more details.

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Year 11: Summer Work Experience Programme

This is an excellent opportunity for students aged 16-21 to gain a deeper understanding of Marsh and the insurance industry.

Work Experience Programme

- We are extremely proud of our work experience programme. This has been running since 2018 and has gone from strength to strength. We hosted 100+ students during the summer of 2025 across 3 locations, (London / Norwich / Birmingham) and we look to launch in an additional 2 locations in 2026 (Leeds / Manchester).
- The programme runs over one week and delivers industry insights as well key learnings around what life working at a brokers entails. Marsh colleagues ensure that the programme is insightful and interactive. With many engaging, hands-on workshop activities and practical experiences – as opposed to total lecture-based learning.
- Delegates also can network with peers on the programme as well as colleagues from Marsh Specialty.



MARSH

Please see Mrs Moore for more information.



Dates and locations

Energy & Power work experience programme
13-17 July 2026, London

Speciality work experience programme
28-31 July 2026, London

Energy & Power work experience programme
27-31 July 2026, Norwich

Speciality work experience programme
3-7 August 2026, Norwich

About Marsh Risk
Marsh Risk is a business of Marsh (NYSE: MRO), a global leader in risk, reinsurance and capital, people and investments, and management consulting, serving clients in 130 countries. With annual revenue of over \$24 billion and more than 90,000 colleagues, Marsh helps build the confidence to thrive through the power of perspectives. For more information about Marsh Risk, visit marsh.com, or follow us on LinkedIn and X.



Years 8, 9, and 10: Future Opportunities (Virtual)

We have some potential opportunities for next academic year. Can you please have a look at each one and let Mrs Moore know if you would be interested in taking part in any of them.

- 1.) **Medicine/Healthcare** – Students diagnose and treat a virtual patient presenting symptoms of an infectious tropical disease, following NHS clinical protocols.
- 2.) **Medical Physics**– Students build an X-ray tube, conduct radiation safety checks, and scan a virtual patient to identify a fracture.
- 3.) **Chemistry**– Students construct a mass spectrometer and investigate an environmental leak in a virtual field laboratory.
- 4.) **Mechanical Engineering** – Students design, prototype, and test an aerofoil drone propeller according to a client's requirements in a factory setting.
- 5.) **Computer Science** – Students learn the basics of artificial intelligence, then train and perform benchmark tests on a predictive text algorithm.





School Nurse (Summer Term 1 Dates)

School Nurse: Rebekah Felgate

Changes: Rebekah will be in school fortnightly on a Tuesday lunch time.

Venue: Meeting Room 2

Times:

Year 7, 9 and 11: 1.00pm-1.30pm

Years 8 and 10: 1.30pm-2.00pm

Dates:

(Summer Term 1)

- Tuesday 21st April 2026
- Tuesday 5th May 2026
- Tuesday 19th May 2026




Year 10 Work Experience

A reminder that the deadline for submitting your Form the Future work experience paperwork is the 5th of June. If you have not yet arranged your placement, please use the holiday to email, call, or visit potential employers.





DID YOU KNOW WE OFFER
CORE MATHS
AS AN ADDITIONAL QUALIFICATION?



STUDENTS CAN STUDY CORE MATHS ALONGSIDE THEIR CHOSEN SUBJECTS.

LOWESTOFT SIXTH FORM COLLEGE

THE BENEFITS OF CORE MATHS:

Young people expected to achieve at least a grade 5 in GCSE Maths, but who do not plan to take A Level Mathematics, can choose to study Core Maths alongside their other subjects, providing a valuable way to strengthen their post-16 study programme.

- Develops essential real world numeracy, including managing personal finances, understanding statistics, and interpreting data confidently.
- Improves performance across a wide range of subjects that rely on mathematical thinking, such as Biology, Psychology, Computer Science, Economics, Sociology and Geography.
- Provides a smooth transition from GCSE Maths, helping students cope with the increased mathematical demands of many A Levels.
- Offers a recognised Level 3 qualification, equivalent to an AS Level, adding value to your young persons post-16 study programme.
- Contributes UCAS points, strengthening university applications.
- Ideal for students not taking A Level Maths but who still need maths for their chosen subjects.
- Equips young people with practical, transferable skills that are highly valued in further study, apprenticeships and the workplace.

ADDITIONAL INFO:

Core Maths is studied over one year. Once accepted, you will be added to one of the Core Maths classes (there are two options available during the week).

HOW TO SIGN UP:

To check eligibility to an additional core maths qualification, please contact: heretohelp@eastcoast.ac.uk



New
Lowestoft
Sixth
Form
College
Course.



LOWESTOFT
SIXTH FORM COLLEGE

DISCOVER OUR NEW
POLICING PATHWAY.
COMING TO LOWESTOFT SIXTH FORM THIS SEPTEMBER!



STUDY LEVEL 3 POLICING ALONGSIDE OTHER A LEVEL OR BTEC SUBJECTS.

LOWESTOFT SIXTH FORM COLLEGE
WWW.LOWESTOFTSFC.AC.UK

LEVEL 3 CERTIFICATE IN POLICING

New for September 2026 • Equivalent to 1 A Level

About the course...

A practical introduction to modern policing and public services. Learn how the legal system works, develop core policing skills, and explore equality, ethics and community roles. Assessment is portfolio based with real world tasks and scenarios.

What You'll Gain

- Understanding of police roles and responsibilities.
- Insight into crime and community impact.
- Skills in communication, teamwork, leadership and decision making.
- Confidence through practical scenario work.

Why choose L6?

- Staff with real policing and uniformed services experience.
- Strong links with Norfolk & Suffolk Constabulary.
- Employer led sessions and live scenario opportunities.
- Skills rich learning including communication, discipline, navigation and fitness.

DISCOVER YOUR GREATNESS.

SCAN HERE TO APPLY.



New
Lowestoft
Sixth
Form
College
Course.



LOWESTOFT
SIXTH FORM COLLEGE

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STUDY GAME DESIGN

NEW FOR 2026

0800 854 695
www.eastcoast.ac.uk



New
Course
at East
Coast
College
for 2026

GAME DESIGN

Level 3

The Game Design course is designed for students who want to shape the look, feel, and creative direction of games. This programme blends artistic skill with core game design thinking, helping learners understand how visuals support gameplay, storytelling, and player experience.

Location
Lowestoft
Campus

Duration
2 Years

FT/PT
Full Time

Modules you will study:

- 1) Unit 1 Diagnostic Investigation in Art and Design
- 2) Unit 2 Specialist Practice in Art and Design

Why study with us?

- You will have access to a dedicated Apple Mac room with the latest Adobe software.
- You will be taught by skilled and industry professional staff.
- We have regular visits from local companies, guest speakers and alumni covering a range of topics, including sustainability and industry experiences.

APPLY TODAY
www.eastcoast.ac.uk/apply

2026/27

STUDY APPLIED MEDICAL SCIENCE

NEW FOR 2026

0800 854 695
www.eastcoast.ac.uk

Students study a combination of Level 3 AAQs in Medical Science, Applied Science and Health Care, alongside the Extended Project Qualification (EPQ). This blend provides a strong scientific foundation, advanced laboratory skills, and the opportunity to undertake a substantial research project aligned with medical and scientific themes.

Why study with us?

- Programme led and taught by an NHS doctor
- Purpose-built STEM laboratories with advanced equipment
- Clinically informed teaching and real-world case studies
- Strong academic and practical preparation for medical and healthcare degrees
- Extensive enrichment including seminars, research clubs and NHS engagement
- Excellent progression routes into university and higher apprenticeships
- Enrichment includes medical ethics forums, science Olympiads, CREST awards and personal statement support
- Students receive guidance for UCAT preparation and medical interview techniques

Entry Requirements

At least 5 GCSEs at grades 9 to 5 in one sitting including; Maths, Science & English

An average GCSE score of 5.5 or more overall is preferred.

Level 3 - Full-Time - 2 Years
Great Yarmouth Campus

Want to find out more?
visit: www.eastcoast.ac.uk

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HEALTH & SOCIAL CARE CAREERS DISCOVERY EVENT

HEALTH & CARE ACADEMY

Meet experts from health and social care professions to learn about career and pathway options.

Book Here!



**BURRAGE CENTRE
JAMES PAGET HOSPITAL
25 APRIL 2026
10:30AM - 12:30PM**



HEALTH & SOCIAL CARE CAREERS DISCOVERY EVENT

Book Here



**18 APRIL 2026, 10:30 - 12:30
UNIVERSITY OF EAST ANGLIA
NORWICH**

**23 APRIL 2026, 17:00 - 19:00
QUEEN ELIZABETH HOSPITAL
KING'S LYNN**

**25 APRIL 2026, 10:30 - 12:30
BURRAGE CENTRE, JAMES
PAGET HOSPITAL, GORLESTON**

Parents/carers and students are welcome to attend and meet Health & Social care professionals to hear about a variety of career pathways, real-life experiences of working in the Health & Social Care sector, and learn about early career opportunities such as Apprenticeships and Work Experience.

Careers present at the events will include Allied Health Professions, Pharmacy, Nursing, and Healthcare Science.



HEALTH & CARE ACADEMY



Health and Social Care Careers Discovery Event.

Saturday the 25th April at James Paget Hospital (10.30am-12.30pm)

Women in Maritime: Charting a Course for the Future

20 May 2026, 11am – 12pm (Online)

Set sail on an inspiring virtual journey celebrating **Women in Maritime!** This exciting session invites secondary and college students to meet incredible women shaping the future of the maritime industry - from marine engineers and naval architects to ship captains and sustainability specialists.

Discover how these trailblazers are breaking waves and barriers, proving that the ocean has no limits when it comes to ambition and opportunity. Whether you're passionate about science, technology, the environment, or global trade, the maritime world has a place for you. Get ready to be inspired, challenge stereotypes, and explore the possibilities of a career on - and beyond - the water!



Please see Mrs Moore if you would like to sign up.

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The Health and Care Academy App

The app brings together clear, up-to-date information about local opportunities across Norfolk and Waveney, including:

- Apprenticeships, work experience opportunities, career pathways into health and social care, and resources from local health and social care organisations.

The Health and Care Academy App

Download the "HealthZone UK" App and search "N&W Health and Care Academy"

Now Live!!!

How to Download the Health & Care Academy App

Search for "HealthZone UK" on the App Store / Google Play Store

Once downloaded, search and select "N&W Health and Care Academy"

Or scan the QR Code

You will need to complete a short registration form, then you can access all of the latest health and social care information for Norfolk & Waveney

For more information, contact healthandcareacademy@jpaget.nhs.uk

Free School Meals – Check Your Eligibility

If you think your child may be eligible for free school meals, you can apply online and receive an immediate response and confirmation email.

Children who have received free school meals since 1 April 2018 will continue to receive them until the end of the 2025/2026 school year, regardless of changes in income.

Use this link to check and [Apply for free school meals](#)

If your child is eligible for free school meals, they'll also qualify for the Holiday Activity and Food Programme. [More information from Suffolk County Council is available here](#)



Request for Uniform Donations

We are reaching out to ask for your support with our school uniform provision at Pakefield High School. We want to ensure that all our students have access to the correct uniform options when in school. By collecting pre-loved uniform items, we can help families who may be finding uniform costs challenging or who needs a temporary loan of some uniform

How to donate

Please send any donations into school with your child, who can hand them to their Year Lead. Alternatively, you can drop items off at the Main School Office.

School Events

Week Beginning	Mon	Tue	Wed	Thu	Fri
04/05/2026	BANK HOLIDAY SCHOOL CLOSED	Year 11 GCSE French Speaking Exam	Year 11 GCSE French Speaking Exam		GCSE Sports Studies Exam
11/05/2026	GCSE EXAMS	GCSE EXAMS	GCSE EXAMS	GCSE EXAMS Year 8 Parents Evening	GCSE EXAMS
18/05/2026	GCSE EXAMS	GCSE EXAMS	GCSE EXAMS	GCSE EXAMS	GCSE EXAMS Last day of term – school finishes at normal time of 3pm
25/05/2026	HALF TERM	HALF TERM	HALF TERM	HALF TERM	HALF TERM
01/06/2026				Year 7 Parents Evening	

Warm regards,
Mr P Dougherty
Head of School