



10th July 2025

Dear Parents and Carers,

As we approach the final week of term, there is a real sense of excitement around the school as we look forward to a number of special events that celebrate the achievements, talents and contributions of our students throughout the year.

This week has also been a wonderful opportunity to welcome our newest members of the Pakefield community during our Year 6 Transition Week. It has been a pleasure to meet so many of the students who will be joining us in September, and they all seemed to have a fantastic time settling in, making new friendships and experiencing life at the school. We are very much looking forward to welcoming them officially in the new academic year.

I would also like to wish our Year 10 students the very best as they begin their Work Experience Week. This is a fantastic opportunity for them to develop valuable employability skills, gain insight into different careers and experience the world of work first hand. We hope they make the most of this important and rewarding experience.

Thank you to all those parents who have helped shape the updated Pakefield High School values. The overwhelming opinion was to change the values, and the majority supported the suggested core values:

Work Hard. Show Respect. Take Part.

As I wrote last week, we feel these statements capture our aspirations for every young person:

- **Work Hard** – giving their best in lessons and striving to achieve their potential.
- **Show Respect** – showing respect, empathy and consideration for others.
- **Take Part** – getting involved in school life, extracurricular opportunities and the wider community.



Next week promises to be a memorable one, with Charities Day, Sports Day and our Activity Days, before we come together for our End of Year Celebration Assemblies on Friday. These events provide wonderful opportunities for students to enjoy new experiences, work together with their peers and reflect on a successful year at Pakefield.

To help families prepare, please see below a summary of the week's events and the required clothing for each day. Thank you in advance for your support, particularly with our Charities Day fundraising efforts.

Day	Event	Clothing Required
Monday	Charities Day	Non School Uniform for a donation (suggested donation £1)
Tuesday	Sports Day	PE Kit
Wednesday	Activity Day	Non School Uniform as appropriate for your activity. Please note, some activities (such as the Pleasurewood Hills trips) need students to wear their Pakefield PE top.
Thursday	Activity Day	Non School Uniform as appropriate for your activity. Please note, some activities (such as the Pleasurewood Hills trips) need students to wear their Pakefield PE top.
Friday	End of Term with Celebration Assemblies	Normal School Uniform.

Please also note that school will finish at 1:30pm on Friday as we break up for the Summer Holidays. We look forward to an enjoyable and successful final week with our students.



Extra-Curricular Clubs (Summer Term 2)

Monday		Tuesday		Wednesday	Thursday
Weird and Wacky History (KS3) Miss Bethell Venue: Humanities 5 Time: 3pm-3.35pm	Basketball (KS3/KS4) Miss Jones Venue: Sportshall Time: 3pm-3.45pm	Bicycle Mechanics Mr Tate Venue: Humanities 2 Time: 3pm-3.45pm	KS4 Basketball Mr Herbert Venue: Sportshall Time: 3.40pm-4.15pm	Chess Club Miss Cheate Venue: Library Time: Lunchtime	KS4 Morning Badminton Mr Herbert Venue: Sportshall Time: 8am-8.25am
Mindfulness Colouring Mrs Brewer Venue: Science 6 Time: 3pm-3.35pm	Summer Showcase Miss Simons/Mr Wilson Venue: Performance Time: 3pm-3.35pm	French Singing Mr Agyapong Venue: MFL 1 Time: 3pm-3.45pm	SEND Homework Miss Harvey Venue: Street Time: 3pm-3.35pm	Art and Boardgames Mr Osborne Venue: Art 2 Time: 3pm-4pm	Badminton/Basketball/Football (Year 8/Year 9) Venue: Sportshall/MUGA Time: Lunchtime
Retro Games (Week 1) Mr Clarke Venue: Maths 1 Time: 3pm-3.35pm	Year 10 (D of E) - Silver Miss Saunders Venue: Humanities 4 Time: 3pm-3.35pm	Cooking Buddies (KS3) Mr Agyapong Venue: MFL 1 Time: 3pm-3.45pm	Mindfulness Colouring Mrs Isgrove Venue: English 5 Time: 3pm-3.35pm	Bedrock Mrs Fitzgerald/Ms Barrow Venue: English 6/English 1 Time: 3pm-3.35pm	Friday
Chess Club Ms Dack/Mrs Cheate Venue: Library Time: 3pm-3.35pm	Yr 11 English Revision Mrs Fitzgerald/Ms Barrow Venue: English 6/English 1 Time: 3pm-3.35pm	Rounders Miss Shank Venue: Field Time: 3pm-3.45pm	Badminton/Basketball/Football (Year 8/Year 9) Venue: Sportshall/MUGA Time: Lunchtime	Dance Miss Bethell/Miss Dunnett Venue: Sportshall Time: 3pm-3.35pm	Dr Who Mrs Trigg Venue: Science 7 Time: 3pm-4pm
Pride Miss Grice Venue: MFL 2 Time: 3pm-3.35pm	Yr 11 Further Maths Mr Bligh Venue: Maths 4 Time: 3pm-3.35pm	Comic Book Club Mr Gurney Venue: Science 5 Time: 3pm-3.35pm	Wednesday	D of E (Drop in) Miss Grice Venue: MFL 2 Time: 3pm-3.35pm	Yr 10 Further Maths Mr Bligh Venue: Maths 4 Time: 3pm-3.35pm
SFX Makeup Miss McHugh Venue: English 2 Time: 3pm-3.35pm	Yr 10 Business Support Mrs Miles Venue: IT1 Time: 3pm-3.35pm	Summer Showcase Miss Simons Venue: Performance Time: 3pm-3.35pm	VX Rock-it-ball Mr Gibbons Venue: Sportshall Time: 3pm-4pm	First Light Festival Miss Simons/Mr Wilson Venue: Performance Time: 3pm-3.35pm	Colouring Miss Tuttle Venue: Maths 2 Time: 3pm-3.35pm
CSI Detectives (KS4) Mr Osborne Venue: Science 3 Time: 3pm-3.35pm	11SC4/5 Science Mr Gurney Venue: Science 5 Time: 3pm-3.35pm	Origami Mr Wilson Venue: Music Room Time: 3pm-3.35pm	Retro Games Mr Hill Venue: Maths 6 Time: 3pm-3.35pm	Science Homework Miss Eagle Venue: Science 4 Time: 3pm-3.35pm	GCSE Maths Booster Mr Clarke Venue: Maths 1 Time: 3pm-3.35pm
Science Ambassadors Mrs Trigg Venue: Science 7 Time: 3pm-4pm	Yr 11 Science Miss Dunnett Venue: Science 2 Time: 3pm-4pm	Flag Football Mr Herbert Venue: Field Time: 3pm-3.35pm	Lexia Miss Harvey Venue: Library Time: 3pm-3.35pm	Creative Writing Miss Dack Venue: English 3 Time: 3pm-3.35pm	Triple Chemistry Support Miss Eagle Venue: Science 4 Time: 3pm-3.35pm
Games Club Miss Cheate Venue: Library Time: Lunchtime	Badminton/Basketball/Football (Year 7/Year 10) Venue: Sportshall/MUGA Time: Lunchtime	Crafts Miss Cheate Venue: Library Time: Lunchtime	Badminton/Basketball/Football (Year 7) Lunch 1 Venue: Sportshall/MUGA Time: Lunchtime	Badminton/Basketball/Football (Year 10) Lunch 2 Venue: Sportshall/MUGA Time: Lunchtime	Latin Dr Bernthal Venue: Maths 5 Time: 3pm-3.35pm

Weekly 100% Attendance Rewards



Every Monday, one student from each year group with 100% attendance in the previous week will be randomly selected to receive a £5 Amazon voucher.



Every Friday, two students from each year group with 100% attendance for the entire week will also be randomly selected to receive a golden ticket, and a jump the queue pass for themselves and a friend. This pass also entitles the winner to a complimentary meal deal.



Student of the Week

CONGRATULATIONS!

**KS3 RE
STUDENT OF THE WEEK**



EDDIE

Eddie has had a brilliant year in RE! Eddie displays outstanding effort in every lesson and pushes himself to achieve to the best of his abilities. Eddie is always giving answers and contributing to lessons with thoughtful questions and ideas. Keep it up Eddie!

CONGRATULATIONS!

**KS4 RE
STUDENT OF THE WEEK**



NEVAEH

Nevaeh has been outstanding in RE all year. She always gives 100% effort and throws herself into lessons with no encouragement. Nevaeh consistently demonstrates an outstanding attitude to learning and will regularly contribute answers and questions to group discussions. Well done Nevaeh!



The Library

LIBRARY

	Break	Lunch
M	Wk1 OPEN	OPEN
	Wk2 OPEN	OPEN
T	Wk1 OPEN	OPEN
	Wk2 OPEN	OPEN
W	Wk1 OPEN	OPEN
	Wk2 OPEN	OPEN
T	Wk1 CLOSED	CLOSED
	Wk2 CLOSED	CLOSED
F	CLOSED	

Library Clubs
 Mon Games Club
 Tue Crafty Tuesday
 Wed Chess Club
 Curious to know more? Check out our clubs posters or ask in the Library.

You can come to borrow and return books whenever the Library is open.

Library Information

Library & Clubs Update

- You can borrow and return books anytime the library is open.
- Books can also be returned in the Returns box outside the library.
- If you borrowed any books before the summer, please return them as soon as possible.

Computer Access
 Computers are available every lunchtime the library is open for homework/schoolwork only.

- You must sign up at break if you want to use a computer at lunch.

Library Clubs
 Library clubs run every week!
 Important: You must sign up at break before lunch on the day of the club.

- No sign-up = No club!

Reading for Pleasure

READING FOR PLEASURE PRIZE DRAW
 Win prizes just for reading!

How to Take Part:

- 1 Finish a book of your choice
- 2 Fill in a **PHS Recommends Card**
- 3 Hand it to Miss Cheale & get a stamp on your bookmark.
- 4 Collect stamps → enter the **fortnightly prize draw**

Read. Recommend. Reward.

Your next book could be your favourite — or prize-winning!

READING FOR PLEASURE PRIZE DRAW

Win prizes just for reading!

BORROW a book TODAY

Reading=Rewards
 Any book. Any Genre.
 Your next read could win!

HOW IT WORKS

- READ: Finish a book of your choice (Any book counts)
- RECOMMEND: Fill in a PHS Recommends card. Hand it to Miss Cheale in the library.
- COLLECT STAMPS: Miss Cheale will give you a stamp on your Reading for Pleasure Bookmark.

PRIZES
 Not a confident Reader? That's okay! Start with a short book. Read for just 10 minutes at a time. Get help choosing a book. Reading gets easier the more you practice.

Enter & WIN!

A winner is chosen every two weeks!

READ. RECOMMEND. REWARD.



VIRTUAL EVENTS

VIRTUAL HARROGATE OPEN DAY



WEDNESDAY 8 JULY
18:00 - 19:00

REGISTER TODAY >

BRITISH ARMY INSIGHT: PARENT VOICES



THURSDAY 17 SEPT
18:00 - 19:00

REGISTER TODAY >

BREAKING DOWN THE ARMY ASSESSMENT



TUESDAY 22 SEPT
18:00 - 19:00

REGISTER TODAY >

The British Army

Please see the different virtual army events taking part in July and September. If you would like to sign up to any of these events, please see Mrs Moore.

HAVE YOU THOUGHT ABOUT JOINING:

THE INTELLIGENCE CORPS

OPERATOR MILITARY INTELLIGENCE (OPMI)



As an Intelligence Operative, you could be working from headquarters, supporting government teams, or out on the ground building a clear picture of what's happening. One day you might brief senior leaders or politicians.

DOWNLOAD OPMI FACTSHEET >



OPERATOR TECHNICAL INTELLIGENCE (OPTI)

Everyone starts by learning the basics of Signals Intelligence, with the chance to specialise in Cyber or develop a foreign language to a high level. You don't need any technical experience or language skills to apply.

DOWNLOAD OPTI FACTSHEET >



ARMY

BE THE BEST

Free Workshops



Pocket Zine – A print making course for young people aged 11 – 16



Date: 19th July, 16th August and 20th September

Time: 1pm - 3pm

Price: FREE

A free set of three workshops where young people can learn basic block printing techniques and create their own zine.

The workshop is made possible in partnership with Messines East and funded by East Suffolk Council

Participants must attend all three sessions

Sessions all start at 1pm and last until 3pm

Session dates:

Sunday 19th July

Sunday 16th August

Sunday 20th September

This event takes place in our upstairs studio

The activities may be messy - please dress accordingly

Head of School: Mr P Dougherty
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Online: www.pakefield.org.uk
Follow us on Facebook: @PakefieldSchool


CLARION CORVUS
TRUST

Part of Clarion Corvus Trust
Registered Office: Kittens Lane, Loddon, NR14 6JU
Registered Number: 8347874



Interested in Medical School?

Your guide to applying for medical school.

We know that applying for medical school can seem complicated - that's why the UEA have created a step-by-step guide to explain every step of the process. Whether you've always dreamed of becoming a doctor or you're just beginning to think about studying medicine, this guide will tell you what you need to do and when, with links to handy resources throughout.



Applying for Medical School

Your guide to applying for medical school in the UK.

Whether you've always dreamed of being a doctor or you're just starting to think about studying medicine, you're in the right place. Start with [Getting Ready to Apply](#), our guide to medicine taster sessions, open days, and preparing for admissions tests. Then check out [Applying and Interviewing](#) for advice on the UCAT exam, personal statements, and medical school interviews.

https://www.uea.ac.uk/study/information-for-young-people/applying-for-medical-school?utm_medium=email&utm_source=outlook&utm_campaign=outreach_newsletter&utm_content=pre16_summer3

Please speak to Mrs Moore if you would like to be sent the link.

Students aged
13+

Scan the QR
Code for more
information.

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ANTI-SOCIAL BEHAVIOUR

Design a poster about anti-social behaviour!

- 1 Grab an A4 sized sheet of paper or card. Don't forget to put your name, age and contact details on the back!
- 2 Design an anti-social behaviour (ASB) poster. It could be informative such as what ASB is or how to report it. Or, perhaps a poster to stop people doing ASB. Be creative!
- 3 Send it to us! You can email it to asb@suffolk.police.uk or post it to the address below.

CPPH,
Lowestoft Police Station
Old Nelson St,
Lowestoft,
NR32 1PE

Terms & Conditions

- The competition is open to all Suffolk children **aged up to 14 years old**.
- Entries should not exceed A4 in size (210mm x 297mm).
- Artwork can be any medium from the following list; drawing (e.g. pencil, pen, crayon, pastel, etc), painting, print-making, collage.
- All artwork must be the original idea and creation of the entrant and must not infringe anyone else's copyright.
- All entries must be received no later than 5pm on 1 July 2026. Entries submitted after this date will not be accepted. Suffolk Constabulary is not responsible for lost or late entries.
- The winner will be chosen by a panel of judges from Suffolk Constabulary. The winning design will be made into a poster and displayed online. A visit to the Suffolk Constabulary police headquarters will be arranged for the winner at a later date, subject to policing demands.
- By submitting artwork, all competition entrants give their consent for Suffolk Constabulary to use the artwork for any publicity and / or promotional material.
- The winner may be asked to participate in promotional activity (such as publicity and photography).

Year 8/9/10 - Women in Tech Seminar 2026.

On the 7th July, East Norfolk Sixth Form College will be hosting a Women in Tech Seminar designed to inspire and inform students about careers within the technology sector. The event will feature presentations from industry-leading speakers, who will share insights into their career journeys, current roles, and the wide range of opportunities available within technology.

In addition, students will take part in an interactive carousel of cyber security activities, providing hands-on experience and the chance to develop practical skills while exploring real-world applications of technology.

This seminar aims to encourage greater participation and confidence in technology-focused pathways and to highlight the vital role women play within the tech industry.

Please see Mrs Moore if you are interested.



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DISCOVER OUR NEW POLICING PATHWAY.
COMING TO LOWESTOFT SIXTH FORM THIS SEPTEMBER!

STUDY LEVEL 3 POLICING ALONGSIDE ALONGSIDE 2 OTHER A LEVEL OR BTEC SUBJECTS.

LOWESTOFT SIXTH FORM COLLEGE
WWW.LOWESTOFTSFC.AC.UK

LEVEL 3 CERTIFICATE IN POLICING
New for September 2026 • Equivalent to 1 A Level

About the course...
A practical introduction to modern policing and public services. Learn how the legal system works, develop core policing skills, and explore equality, ethics and community roles. Assessment is portfolio based with real world tasks and scenarios.

What You'll Gain

- Understanding of police roles and responsibilities.
- Insight into crime and community impact.
- Skills in communication, teamwork, leadership and decision making.
- Confidence through practical scenario work.

Why choose LG?

- Staff with real policing and uniformed services experience.
- Strong links with Norfolk & Suffolk Constabulary.
- Employer led sessions and live scenario opportunities.
- Skills rich learning including communication, discipline, navigation and fitness.

DISCOVER YOUR GREATNESS. **SCAN HERE TO APPLY.**

New
Lowestoft
Sixth
Form
College
Course.



LOWESTOFT
SIXTH FORM COLLEGE

STUDY APPLIED MEDICAL SCIENCE

NEW FOR 2026

0800 854 695
www.eastcoast.ac.uk

eastcoast COLLEGE

Students study a combination of Level 3 AAs in Medical Science, Applied Science and Health Care, alongside the Extended Project Qualification (EPQ). This blend provides a strong scientific foundation, advanced laboratory skills, and the opportunity to undertake a substantial research project aligned with medical and scientific themes.

Why study with us?

- Programme led and taught by an NHS doctor
- Purpose-built STEM laboratories with advanced equipment
- Clinically informed teaching and real-world case studies
- Strong academic and practical preparation for medical and healthcare degrees
- Extensive enrichment including seminars, research clubs and NHS engagement
- Excellent progression routes into university and higher apprenticeships
- Enrichment includes medical ethics forums, science Olympiads, CREST awards and personal statement support
- Students receive guidance for UCAT preparation and medical interview techniques

Entry Requirements
At least 5 GCSEs at grades 9 to 5 in one sitting including: Maths, Science & English
An average GCSE score of 5.5 or more overall is preferred.

Level 3 - Full-Time - 2 Years
Great Yarmouth Campus

Want to find out more?
visit: www.eastcoast.ac.uk

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The Health and Care Academy App

The app brings together clear, up-to-date information about local opportunities across Norfolk and Waveney, including:

- Apprenticeships, work experience opportunities, career pathways into health and social care, and resources from local health and social care organisations.

The Health and Care Academy App

Download the "HealthZone UK" App and search "N&W Health and Care Academy"

Now Live!!!

How to Download the Health & Care Academy App

Search for "HealthZone UK" on the App Store / Google Play Store

Once downloaded, search and select "N&W Health and Care Academy"

Or scan the QR Code

For more information, contact healthandcareacademy@paqet.nhs.uk

HEALTH & CARE ACADEMY

Terms & Conditions

We have a few quick questions, before you get started

Name:

Email:

Area of Residence:

Address:

Please select the options that best describe you*

You will need to complete a short registration form, then you can access all of the latest health and social care information for Norfolk & Waveney

Free School Meals – Check Your Eligibility

If you think your child may be eligible for free school meals, you can apply online and receive an immediate response and confirmation email.

Children who have received free school meals since 1 April 2018 will continue to receive them until the end of the 2025/2026 school year, regardless of changes in income.

Use this link to check and [Apply for free school meals](#)

If your child is eligible for free school meals, they'll also qualify for the Holiday Activity and Food Programme. [More information from Suffolk County Council is available here](#)



School Events

Week Beginning	Mon	Tue	Wed	Thu	Fri
13/07/2026	Year 10 Work Experience Charities Day	Year 10 Work Experience Sports Day	Year 10 Work Experience Activities Day	Year 10 Work Experience Activities Day Year 7,8 & 9 Reports	Year 10 Work Experience Rewards & Recognition Assemblies School finishes at 1.30pm for all students
				Thursday 20 th August GCSE results day 09.30-11.00am	
31/08/2026	Bank Holiday	PD Day – No students in school	PD Day – No students in school	Start of the school year	

Warm regards,
Mr P Dougherty
Head of School