



Welcome Back to Pakefield High School!

Dear Parents and Carers,

It has been a pleasure to welcome our students back following the summer break. Their positive attitude, energy and enthusiasm have made an excellent start to the new academic year, and I am looking forward to all that we will achieve together in the months ahead.

Many of you may have seen recent coverage of our GCSE results in the Lowestoft Journal. We were incredibly proud to celebrate the best GCSE outcomes in the history of Pakefield High School. These results are a testament to the hard work, determination and resilience of our students, together with the dedication of our staff and support of families. Congratulations to everyone involved.

GCSE joy in Lowestoft as students collect top results

20th August [Education](#)



[EDUCATION](#)

Cheers, smiles and Grade 9s as delighted students collect GCSE results

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I'd like to take this opportunity to remind you of some key routines and expectations that help ensure a smooth start for everyone. Your continued support in making sure your child arrives on time, in full uniform, and properly equipped each day is greatly appreciated.

Attendance Matters

Every day in school matters. National research continues to show a strong link between attendance and academic success.

Department for Education data indicates that students with excellent attendance are almost twice as likely to achieve a Grade 5 or above in both English and Mathematics GCSE compared with students who miss just a small number of additional school days each year. Missing only ten additional days annually can significantly reduce a young person's chances of achieving these important qualifications.

Thank you for your continued support in ensuring that your child attends school every day and arrives on time, ready for our 8:30am start.

School Routines – the Pakefield 10

A reminder about our school-wide routines, known as the Pakefield 10. These consistent expectations are rooted in educational research and help to:

- Reduce distractions in lessons
- Create a calm, predictable learning environment
- Support students in developing emotional self-regulation

Emotional self-regulation, the ability to recognise and manage emotions effectively, is an important skill that supports learning, wellbeing and future success. Research shows that predictable routines benefit all students and are particularly valuable for those with additional needs.

Thank you for continuing to support the Pakefield 10 at home. A copy of the routines is included at the end of this newsletter.

Parent Governor Vacancy

We currently have a vacancy for a Parent Governor on our Governing Body and would encourage any parent or carer who is interested in supporting the strategic development of the school to consider applying; if you would like to stand for election, please contact the school via the main office or email HeadsPA@pakefield.org.uk for further information and an application form.



Parental Code of Conduct

As we begin the new school year, I would like to remind all parents and carers of our core values:

Work Hard. Show Respect. Take Part.

To support positive relationships between home and school, we operate a Parental Code of Conduct which outlines our expectations for respectful communication and behaviour from all members of the school community.

You can view the Parental Code of Conduct here:

<https://www.pakefield.org.uk/about-our-school/policies-and-statutory-information/school-policies>

School Day

To help families plan effectively and ensure students arrive promptly each morning, a reminder of our school day timetable is provided below.

Time	Session
08:30 – 09:30	Period 1
09:30 – 10:30	Period 2
10:30 – 10:50	Break
10:50 – 11:50	Period 3
11:50 – 12:50	Period 4
12:50 – 13:20	Lunch (Years 7, 9, 11) / Tutor Time (Years 8, 10)
13:20 – 13:50	Lunch (Years 8, 10) / Tutor Time (Years 7, 9, 11)
13:50 – 14:50	Period 5
14:50 – 15:50	Period 6 (Tuesday & Wednesday)



Canteen Price Updates

Like many organisations, we continue to face increased costs associated with National Insurance contributions, wage increases and inflation. Working closely with our catering provider, Edwards and Blake, we have kept price increases to a minimum wherever possible.

Key changes include:

- Selected items increasing by between **5p and 20p**
- The **Meal Deal remaining at £2.50**
- The **Main Meal remaining at £2.20**

Free school meal entitlements are unaffected by these changes.

Apply for free school meals

Find out if your child is eligible for free school meals and how to apply.

You can apply online for free school meals. You'll get an immediate response and confirmation email after you've completed your application.

Use this link to check and [Apply for free school meals](#)

If your child is eligible for free school meals, they'll also qualify for the Holiday Activity and Food Programme. [More information from Suffolk County Council is available here](#)



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
- Weird and Wacky History Miss Bethell - HU2 - Retro Games Club Mr Clarke - MA1 - Chess Club Miss Dack - Library - Darts Mr Dowson - PE - Duke of Edinburgh Award Bronze and Silver Miss Grice - MFL 2 - Film Club Mrs Hastings - IT2 - Knitting Mrs Marshall - Food Room - Make-Up Club Miss McHugh - EN2 - Mindful Colouring Mrs Miles - IT1 - Photography Mrs McHugh - Media Room - Premier League Roundup. Mr Rowe - HU3 - David Attenborough Club. Miss Saunders - HU4 - Crochet Club Miss Teasdale - Tech 2 Spax Homework Club (Maths) Mr Vaughn - Evans - MA3 - Show Singing Mr Wilson - Music Room - Year 11 English Support Miss Barrow - EN1 - Year 11 Further Maths Mr Bligh - MA4 - Year 11 Science Revision Miss Dunnell - SC2 - Year 11 English Support Mrs Fitzgerald - EN6 - Year 11 Science Revision. Mr Gurney - SC5 - Games Club (Lunch Time) Mrs Cheale - Library - SEND Support SEND Team - IT3	- Young Interpreters Mr Agyapong - MFL 1 Spax Homework Club (Science) Miss Eagle - SC3 - Photoshop (Yr 7 and 9) (Lunch Time) Mrs McHugh - Media Room - KS4 Media Catch up (Lunch Time) Mrs McHugh - Media Room - Crafty Tuesday (Lunch Time) Mrs Cheale - Library - SEND Support SEND Team - IT3	- Marionette Puppet Making Mr Osborne - Tech 1 - Arts and Crafts Mrs Brewer - SC4 - Girls in STEM Mrs Trigg - SC7 - Year 11 Media Catch up (Lunch Time) Mrs McHugh - Media Room - Chess Club (Lunch Time) Mrs Cheale - Library	- Make and Create Miss Chapman - HU5 - Hockey Miss Childs - MUGA - Art Club (KS3/4) Mrs Dougherty - ART 2 Pokemon and Trading Card Games Mr Gurney - SC5 - Football Mr Herbert - Field - Girls Football Miss Rushmere - Field - Drama Club Miss Simons - Performance Space - Pro Cycling Fans Mr Tate - HU1 - Dr Who Mrs Trigg - SC7 - Aiming for a 4 (Year 11 Maths) Miss Tuttle - MA2 - Flight Club Mr Wilson - Music Room - Aiming for a 5 (Yr 11 Maths) Dr Bernthal - MA5 - Higher Year 11 Maths Revision Mr Hill - MA6 - Embroidery Club Mrs Isgrove - EN5 - Year 11 Media Catch up (Lunch Time) Mrs McHugh - Media Room	- Latin Dr Bernthal - MA5 - Art Intervention (KS4) Mrs Warren - Art 1 - Piano Club (invite only) Mr Wilson - Music Room



Week Beginning	Mon	Tue	Wed	Thu	Fri
07/09/2026					
14/09/2026				Year 5/6 Open Evening 6 – 8.30pm	
21/09/2026					
28/09/2026				Flu Vaccine	
05/10/2026				Year 11 Parents Evening	
12/10/2026			Flu Vaccine	Year 10 Raising Achievement Evening	
19/10/2026	School Photos				PD Day No students in school

Thank you for your continued support and partnership. By working together, we can ensure every student has the very best opportunities to succeed.

We are looking forward to an exciting and successful year ahead.

Warm regards,
Mr P Dougherty
Head of School



Pakefield 10

- 1** Arrive on time and enter the classroom quietly. Upon arrival, stand behind your chair and get Ready to Learn
- 2** Ready to Learn: Have the correct equipment and wear the correct uniform in every lesson
- 3** Sit down in silence and start the set task when the teacher gives the instructions "3, 2, 1, Go" whilst the teacher completes the register
- 4** Present all work neatly and accurately, following the school rules for presentation.
- 5** Give the teacher your full attention when they give the instruction "1, 2, 3, Track Me". This means: sit up straight, arms folded in front of you with nothing in your hands; track the teacher.
- 6** Follow instructions the first time you are asked, completing all tasks to the highest standard whilst remaining polite and respectful at all times
- 7** Use a clear, confident voice to speak so everyone can hear you
- 8** Engage fully with reading tasks ensuring you are tracking the text at all times
- 9** Pack away in silence when instructed to at the end of the lesson and stand behind your chair ready to be dismissed row by row
- 10** Move quickly and calmly to your next lesson

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